



For Immediate Release Contact: Jeremiah Ingram
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Missouri Valley Conference Announces Track & Field, Cross Country All-Time Teams

ST. LOUIS -- In 2006-07, the Missouri Valley Conference celebrates a century of excellence as the nation's second-oldest NCAA Division I conference is in its second centennial as a leader in college athletics. As a part of the Centennial Celebration, The Valley is naming all-centennial teams for each of the Valley's sponsored sports.

Team composition for each sport has been determined through an on-line fan vote (www.mvc100.org) and by a centennial committee. Fans also designated all-time coaches as part of the on-line voting process. Track & Field holds the ultimate Centennial Celebration distinction as the very first athletic event ever contested in the Missouri Valley Conference, holding the first league championship in May of 1907. Iowa State claimed the initial team championship.

In the league's first 99 seasons, 32 members combined for 28 national championships, while 55 Valley student-athletes captured NCAA individual titles. In addition, Valley student-athletes and coaches earned 49 National Player or Coach of the Year honors in their respective sports. And the league had a myriad of student-athletes who collected All-America honors and earned national academic distinction in The Valley's first century.

Track & Field/Cross Country (sponsored 1907 to present): Thirty-one programs have sponsored track & field in conference history. Drake is the longest-tenured member, completing its 95th season in 2006-07. All-time sport sponsors in order of tenure: **Drake (1907-08 -- 1950-51; 1956-57 -- present);** Tulsa (1934-35 -- 1995-96); **Wichita State (1945-46 -- present);** Bradley (1948-49 -- 1950-51; 1955-56 -- present); **Creighton (1928-29 -- 1942-43; 1945-46 -- 1947-48; 1976-77 -- present);** Washington (Mo.) (1907-08 -- 1909-10; 1946-47); Saint Louis (1937-38 -- 1942-43; 1944-45 -- 1973-74); Oklahoma A&M (1925-26 -- 1956-57); **Southern Illinois (1974-75 -- present);** **Indiana State (1976-77 -- present);** **Illinois State (1980-81 -- present);** Grinnell (1918-19 -- 1938-39); Iowa State (1907-08 -- 1927-28); Kansas (1907-08 -- 1927-28); Missouri (1907-08 -- 1927-28); Nebraska (1907-08 -- 1918-19; 1920-21 -- 1927-28); North Texas State (1957-58 -- 1974-75); **Missouri State (1990-91 -- present);** West Texas State (1970-71 -- 1985-86); **UNI (1991-92 -- present);** Kansas State (1913-14 -- 1927-28); New Mexico State (1970-71 -- 1982-83); Cincinnati (1957-58 -- 1969-70); **Evansville (1994-95 -- present);** Louisville (1964-65 -- 1974-75); Houston (1950-51 -- 1959-60); Oklahoma (1919-20 -- 1927-28); Detroit (1949-50 -- 1956-57); Washburn (1934-35 -- 1940-41); Memphis State (1967-68 -- 1972-73); Iowa (1907-08 -- 1910-11); Butler (1932-33 -- 1933-34) **Current members bold.** Eight of 10 MVC members (all but Creighton and Evansville) were Gateway Conference members for their women's sports from 1983-92. Eastern Illinois and Western Illinois participated in the Gateway Conference in women's athletics and their records are recognized as part of the Valley record books.

MISSOURI VALLEY CONFERENCE MEN'S TRACK & FIELD ALL-CENTENNIAL TEAM

Distance

Mornay Annandale, Wichita State, 1-time AA, 5-time MVC Champ
Chris Bailey, Illinois State, 1-time AA, 7-time MVC Champ
Mike Baker, Illinois State, 2-time AA
Oliver Bodor, UNI, 6-time MVC Champ
Balazs Csillag, UNI, 1-time AA, 3-time MVC Champ
Ray Dunn, Drake, Distance, 1-time AA, 2-time MVC Champ
Elliott Evans, Drake, Distance, 2-time AA, 5-time MVC Champ
Fred Feiler, Drake, 2-time AA, 4-time MVC Champ
Jordan Fife, Indiana State, 1-time AA, 4-time MVC Champ
Pat Hansel, Drake, Distance, 1-time AA, 2-time MVC Champ
Vern Iwancin, Drake, 8-time MVC Champ
Mike Keane, Southern Illinois, 6-time MVC Champ
Jason Lehmkuhle, Drake, 3-time AA, 1-time MVC Champ
Harold Manning, Wichita State, 1936 indoor two-mile National Champion
Chris Mares, Drake, 1-time AA, 4-time MVC Champ
Mike Matteson, Illinois State, 1-time AA
Julius Mwangi, Illinois State, 2-time AA, 3-time MVC Champ
Boyd Nansel, Drake, 1-time AA, 2-time MVC Champ
Brent Slay, Drake, Distance, 2-time AA, 4-time MVC Champ

Hurdles

Shannon Armstrong, Wichita State, 6-time MVC Champ
Carl Brown, West Texas State, 6-time MVC Champ
Perry Duncan, Southern Illinois, 2-time AA, 2-time MVC Champ
Aubrey Herring, Indiana State, 2001 110m hurdles National Champion, 7-time AA, 8-time MVC Champ
Jim Jones, North Texas State, 4-time MVC Champ
Chris Lancaster, Indiana State, 1990 110m hurdles National Champion, 3-time AA, 10-time MVC Champ
Wil Lash, Indiana State, 1-time AA, 2-time MVC Champ
David Lee, Southern Illinois, 1980 400m hurdles National Champion, 2-time AA, 11-time MVC Champ
John Nicholson, Missouri, 7-time MVC Champ
Marvell Reid, Wichita State, 7-time MVC Champ
Andy Roberts, Southern Illinois, 1-time AA, 2-time MVC Champ
Bob Simpson, Missouri, 6-time MVC Champ
F. Morgan Taylor, Grinnell, 5-time MVC Champ
Johnny Westbrook, UNI, 1-time AA, 2-time MVC Champ
Joey Woody, UNI, 1997 400m Hurdles National Champion, 4-time AA, 8-time MVC Champ,

Jumps

Fred Burton, Wichita, 1-time AA, 2-time MVC Champ
Steve Cady, Drake, Jumps, 3-time MVC Champ
Preston Carrington, Wichita State, 2-time AA, 2-time MVC Champ
Jack Childers, Wichita, 3-time MVC Champ
Kevin Clements, Illinois State, 3-time AA, 4-time MVC Champ
Randy Crady, Bradley, Jumps, 4-time MVC Champ
Don DuVall, Wichita State, 1-time AA, 3-time MVC Champ
Cody Eichmeier, UNI, 5-time AA, 9-time MVC Champ
Fabian Florant, Missouri State, 1-time AA, 3-time MVC Champ
Marvin Gilliam, Drake, Jumps, 3-time MVC Champ
Gary Hunter, Southern Illinois, 3-time AA, 5-time MVC Champ
Lloyd Lansurd, Drake, Jumps, 1-time AA, 2-time MVC Champ

Randy Lewis, Wichita State, 1-time AA, 5-time MVC Champ
Yuriy Litvinski, UNI, 1-time AA, 2-time MVC Champ
Tony Mescall, Indiana State, 1-time AA, 1-time MVC Champ
John Offutt, Bradley, Jumps, 3-time MVC Champ
Steve Parker, Indiana State, 1-time AA, 2-time MVC Champ
Jacob Pauli, UNI, 2001 Indoor pole vault National Champion, 7-time AA, 6-time MVC Champ
Linn Philson, Drake, Jumps, 1935 outdoor high jump National Champion, 2-time AA, 3-time MVC Champ
Darrin Plab, Southern Illinois, 1991/1992 Outdoor high jump National Champion, 4-time AA, 2-time MVC Champ
Andre Poljanec, UNI, 3-time AA, 4-time MVC Champ
Phil Robins, Southern Illinois, 1976 outdoor triple jump National Champion
Juri Rovani, UNI, 3-time AA, 5-time MVC Champ
John Sayre, Southern Illinois, 3-time AA, 8-time MVC Champ
Steve Smith, Indiana State, 3-time AA, 2-time MVC Champ
Tom Smith, Illinois State, 1987/1988 outdoor high jump National Champion, 1987, 1988 Indoor high jump national champion, 5-time AA, 7-time MVC Champ
Dion Simmons, Illinois State, 1-time AA, 6-time MVC Champ
Howard Turner, Nebraska, 1-time AA, 1-time MVC Champ
Stephen Wray, Southern Illinois, 1-time AA, 6-time MVC Champ
Cameron Wright, Southern Illinois, 7-time AA, 4-time MVC Champ
Frankie Young, Indiana State, 4-time AA, 9-time MVC Champ

Mid-distance

Bob Becker, Drake, Mid-distance, 4-time MVC Champ
Mike Bisase, Southern Illinois, 7-time MVC Champ
Ray Conger, Iowa State, 3-time AA, 4-time MVC Champ
Cal Elmore, Wichita, 1-time AA, 3-time MVC Champ
Darryl Frerker, Illinois State, 1-time AA, 6-time MVC Champ
Maurice Gardener, Nebraska, 1-time AA, 1-time MVC Champ
Christian Goy, Illinois State, 2001/2002 Indoor Mile National Champion, 1999 DMR National Champion, 3-time AA, 7-time MVC Champ
Joseph Kemei, W. Texas St., 10-time MVC Champ
Victors Lacis, Wichita State, 1-time AA, 5-time MVC Champ
Sterling Martin, Drake, 1-time AA, 2-time MVC Champ
Lew Merriman, Wichita State, 1-time AA, 2-time MVC Champ
Dave Nauman, Drake, Mid-distance, 3-time MVC Champ
Pete Palumbo, Illinois State, 1-time AA, 2-time MVC Champ
Andy Pettigrew, Southern Illinois, 1-time AA, 3-time MVC Champ
Eric Potter, UNI, 1-time AA, 3-time MVC Champ
Dave Rzeszutko, Illinois State, 1-time AA, 3-time MVC Champ
Randy Smith, Wichita State, 2-time AA, 7-time MVC Champ
Einars Tupuritis, Wichita State, 1996 Indoor/Outdoor 800m National Champion, 3-time AA, 12-time MVC Champ
Alan Walker, Wichita State, 6-time MVC Champ
Eddison Wedderburn, Southern Illinois, 2-time AA, 2-time MVC Champ
Warren Whitted, Drake, Mid-distance, 1-time AA, 3-time MVC Champ

Multi-Events

Raven Cepeda, UNI, Multi, 2-time AA, 4-time MVC Champ
Rick Wanamaker, Drake, Multi, 1970 decathlon National Champion

Sprints

Iziac Adeyanju, Wichita State, 6-time MVC Champ
Seth Caitlin, Indiana State, 4-time MVC Champ
Devon Davis, UNI, 6-time MVC Champ
James Duncan, Illinois State, 3-time AA, 11-time MVC Champ
Julius Edwards, Illinois State, 1-time AA, 3-time MVC Champ
Jim Ford, Drake, Sprints, 1952 outdoor 200m National Champion
Elvis Forde, Southern Illinois, 2-time AA, 2-time MVC Champ
Mike Franks, Southern Illinois, 7-time AA, 15-time MVC Champ
Bernard Henry, Southern Illinois, Sprints, 6-time MVC Champ
Lansing Holman, Drake, 8-time MVC Champ
Dirk Homewood, UNI, 2-time AA, 9-time MVC Champ
Mike Jackson, Drake, Sprints, 3-time MVC Champ
Mike Jorgenson, Drake, 1-time AA, 2-time MVC Champ
Mike Kee, Southern Illinois, 3-time AA, 9-time MVC Champ
Jim Lavery, Drake, 1-time AA, 1-time MVC Champ
Kevin Little, Drake, 4-time AA, 9-time MVC Champ
Roland Locke, Nebraska, 6-time MVC Champ
J.W. Mashburn, Oklahoma A&M, 2-time NCAA Champ, 2-time AA, 5-time MVC Champ
Erick Pegues, Southern Illinois, 6-time MVC Champ
Don Pettie, Drake, Sprints, 3-time MVC Champ
Ed Smith, Nebraska, 4-time AA, 2-time MVC Champ
Skeet Spotser, Drake, 6-time MVC Champ
John Story, Indiana State, 1-time AA, 3-time MVC Champ

Ralph Tate, Oklahoma A&M, 1-time AA, 7-time MVC Champ
Waite, Washington, 6-time MVC Champ
Ed Williams, Southern Illinois, 2-time AA, 7-time MVC Champ
Clem Wilson, Coe, 1-time AA, 5-time MVC Champ
Nave Wilson, Illinois State, 6-time MVC Champ

Throws

Gene Abernathy, Wichita State, 1-time AA, 3-time MVC Champ
Tom Barrett, Illinois State, 3-time AA, 14-time MVC Champ
Kevin Brown, Indiana State, 1-time AA, 2-time MVC Champ
Fred Dale, Nebraska, 1-time AA, 2-time MVC Champ
Bruce Ewen, Illinois State, 1-time AA, 7-time MVC Champ
John Hamilton, Wichita State, 2-time AA, 2-time MVC Champ
Ron Harrer, Southern Illinois, 2-time AA, 8-time MVC Champ
Tom Holiday, Wichita State, 7-time MVC Champ
Jay Krom, Wichita State, 1-time AA, 2-time MVC Champ
Dave Magrane, Drake, Throws, 3-time MVC Champ
John Marks, Southern Illinois, 2-time AA, 5-time MVC Champ
Matt Quinn, Indiana State, 1-time AA, 3-time MVC Champ
Bob Roggy, Southern Illinois, 1978 javelin National Champion, 1-time AA, 4-time MVC Champ
John Smith, Southern Illinois, 1-time AA, 7-time MVC Champ
Charles Sparks, Indiana State, 2-time MVC Champ
Nick Spillios, Houston, 6-time MVC Champ

MISSOURI VALLEY CONFERENCE WOMEN'S TRACK & FIELD ALL-CENTENNIAL TEAM

Distance

Stacia Beste, Illinois State, 1-time All-American, 7-time MVC Champ
Kathy Campbell, Western Illinois, 6-time MVC Champ
Sue Daggett, Illinois State, 2-time All-American, 15-time MVC Champ
Mary Ellen Hill, Bradley, 2-time All-American, 8-time MVC Champ
Patty Murray, Western Illinois, 11-time MVC Champ
Desiraye Osburn, Wichita State, 1-time All-American, 5-time MVC Champ
Casey Owens, Missouri State, 2-time All-American, 11-time MVC Champ
Debbi Ramseyer, Indiana State, 8-time MVC Champ
Wendy VanMierlo, Illinois State, 2-time All-American, 7-time MVC Champ

Hurdles

Korto Dunbar, Southern Illinois, 5-time MVC Champ
Melinda Sallins, Missouri State, 2-time All-American, 5-time MVC Champ

Jumps

Michelle Baptiste, Missouri State, 2-time All-American, 12-time MVC Champ
Jackie Brown, Wichita State, 4-time MVC Champ
Melissa Dyal, Indiana State, 1-time All-American, 4-time MVC Champ
Latrice Gray, Southern Illinois, 1-time All-American, 4-time MVC Champ
Connie Long, Wichita State, 3-time All-American, 5-time MVC Champ
Christiana Philippou, Southern Illinois, 7-time MVC Champ
Ineta Radevica, Wichita State, 4-time MVC Champ
Angie Taylor, Illinois State, 9-time MVC Champ
Mellanee Welty, Wichita State, 8-time MVC Champ
Heidi Yost, WSU, 5-time MVC Champ

Mid-distance

Noa Beitler, Southern Illinois, 9-time MVC Champ
Metria Bell, Illinois State, 5-time MVC Champ
Angie Bruecker, Indiana State, 1-time All-American, 4-time MVC Champ
Rosalind Cassidy, Illinois State, 8-time MVC Champ
Augustina Charles, Missouri State, 2-time All-American, 4-time MVC Champ
Gina DeWitt, Drake, 1-time All-American, 5-time MVC Champ
Jennie Horner, Southern Illinois, 1-time All-American, 6-time MVC Champ
Sara Schumacher, Illinois State, 4-time MVC Champ
Karla Zylstra, Drake, 5-time MVC Champ

Multi-Events

Denise Brungardt, Wichita State, 1-time All-American, 5-time MVC Champ
Dianna Leftridge, UNI, 1-time All-American, 6-time MVC Champ
Kathrine Nielson, Illinois State, 1-time All-American, 2-time MVC Champ
Tracy Partain, Missouri State, 5-time MVC Champ
Mellanee Welty, Wichita State, 1-time All-American, 2-time MVC Champ

Sprints

Pam Ashford, Western Illinois, 5-time MVC Champ
Carlton Blackman, Drake, 2-time All-American, 10-time MVC Champ
Denise Blackman, Southern Illinois, 7-time MVC Champ
Camille Clarke, Missouri State, 6-time MVC Champ
Dedra Davis, Missouri State, 1-time All-American, 2-time MVC Champ
Trudi Garrett, Missouri State, 1-time All-American, 6-time MVC Champ
Cheasa Gibson, Missouri State, 1-time All-American, 12-time MVC Champ
Holli Hyche, Indiana State, 7-time national champion, 10-time AA, 11-time MVC Champ, MVC Hall of Fame Class of 1999
Yves-Rose Jerome, Missouri State, 7-time MVC Champ
Omegia Keeys, Indiana State, 2-time All-American, 3-time MVC Champ
Angie Kent, Illinois State, 6-time MVC Champ
Verneta Lesforis, Missouri State, 1-time All-American, 8-time MVC Champ
Kathy Raske, Southern Illinois, 1-time All-American, 3-time MVC Champ
Shantel Twiggs, UNI, 2-time All-American

Throws

Deana Alexander, Wichita State, 2-time All-American, 4-time MVC Champ
Christy Barrett, Indiana State, 4-time All-American, 6-time MVC Champ
Allison Berry, Wichita State, 1-time All-American, 4-time MVC Champ
Talise Branch, Illinois State, 1-time All-American, 1-time MVC Champ
Jenny Folz, Indiana State, 2-time All-American, 6-time MVC Champ
Beth Hilton, Indiana State, 6-time MVC Champ
Rachel Jansen, UNI, 2-time All-American, 3-time MVC Champ
Julie Koebocke, Indiana State, 3-time All-American, 5-time MVC Champ
Rhonda McCausland, Southern Illinois, 1-time All-American, 7-time MVC Champ
Katie Panek, Wichita State, 3-time All-American, 4-time MVC Champ
Brittany Riley, Southern Illinois, 1-time national champion, 4-time AA, 4-time MVC Champ
Carrie Myers, Indiana State, 2-time All-American, 3-time MVC Champ
Sam Serrano, Illinois State, 1-time All-American, 2-time MVC Champ
Amarachi Ukabam, Southern Illinois, 4-time All-American, 6-time MVC Champ

MISSOURI VALLEY CONFERENCE ALL-CENTENNIAL COACHES

Ronald Boyce, Missouri State, Five-time Women's District V Coach of the Year (1998 Indoor/Outdoor, 1999 Indoor/Outdoor, 2003 Indoor), Three Women's Outdoor Titles, Five Women's Indoor Titles, Five-time Women's Indoor Coach of the Year (1998, 1999, 2000, 2003, 2004), Three-time Women's Outdoor Coach of the Year (2001, 2002, 2003)

Chris Bucknam, UNI, Seven-time District V Men's Outdoor Coach of the Year (1995, 2000, 2001, 2002, 2004, 2005, 2006), 10 Men's Indoor Titles, Four Men's Outdoor Titles, One Women's Indoor Title, 10-time Men's Indoor Coach of the Year (1995, 1996, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007), Four-time Men's Outdoor Coach of the Year (1995, 1998, 2000, 2005), One-time Women's Indoor Coach of the Year (2002),

John Coughlan, Illinois State, 1996 Women's National Coach of the Year, Six-time District V Men's Coach of the Year (1990 CC, 1993 Indoor, 1994 Indoor, 1996 Outdoor, 1997 Indoor, 1999 Indoor), Three-time District V Women's Coach of the Year (1996 Indoor, 1997 Indoor/Outdoor), Nine Men's Indoor Titles, Four Men's Outdoor Titles, Two Women's Outdoor Titles, Three Women's Indoor Titles, Five-time Men's Indoor Coach of the Year (1993, 1994, 1997, 1998, 1999), Two-time Men's Outdoor Coach of the Year (1996, 1999), Three-time Women's Indoor Coach of the Year (1992, 1996, 1997), Two-time Women's Outdoor Coach of the Year (1997, 2000)

Bob Ehrhart, Drake, MVC Coaches Hall of Fame 2004, coached 77 MVC indoor track and field champions, 1970 MVC men's cross country title, six-straight MVC indoor titles (1970-75), MVC men's outdoor title

John Gartland, Indiana State, Four-time District V Women's Coach of the Year (1993 Indoor/Outdoor, 1994 Indoor/Outdoor), Six Women's Outdoor Titles, Four Women's Indoor Titles, Three-time Women's Indoor Coach of the Year (1993, 1994, 2001), Five-time Women's Outdoor Coach of the Year (1992, 1993, 1994, 1998, 1999)

Ralph Higgins, Oklahoma A&M, 17 MVC men's track & field championships (1938-1957) - titles won in consecutively competed meets; Meet not held 1943-45 (WWII)

Lew Hartzog, Southern Illinois, 10 Men's Outdoor Titles, Eight Men's Indoor Titles, Eight-time Men's Indoor Coach of the Year (1976, 1977, 1978, 1980, 1981, 1982, 1983, 1984), 10-time Men's Outdoor Coach of the Year (1975, 1976, 1977, 1978, 1979, 1980, 1981, 1982, 1983, 1984, 1987), MVC Hall of Fame Class of 2002

Bob Karnes, Drake, eight MVC Cross country titles (1958, 1960, 1962-64, 1966-68), five MVC men's outdoor titles (1963-65, 1968-69), two MVC men's indoor titles (1968-68)

John McNichols, Indiana State, Three-time District V Men's Coach of the Year (1988 Outdoor, 1993 Outdoor, 1997 Outdoor), Five Men's Outdoor Titles, Four-time Men's Outdoor COY (1993, 1997, 2001, 2006)

Henry F. Schulte, Missouri/Nebraska, nine-time MVC men's track & field championships (1915-18; 21-24; 1926)

Herm Wilson, Wichita State, five consecutive men's Cross Country titles (1971-75), MVC men's track & field outdoor title 1972

MISSOURI VALLEY CONFERENCE MEN'S CROSS COUNTRY ALL-CENTENNIAL TEAM

Bobby Anderson, Drake, 1-time MVC Champ, 3-time all-MVC
Mornay Annandale, Wichita St., 2-time AA, 3-time MVC Champ, 3-time all-MVC
Chris Bailey, Illinois St., 2-time MVC Champ, 4-time all-MVC
Jeff Barno, W. Texas St., 4-time all-MVC
Ben Berghall, Tulsa, 3-time MVC Champ
Johnson Bett, W. Texas St., 2-time MVC Champ
Sean Bowman, Indiana St., 3-time all-MVC
Michael Breshears, Missouri St., 1-time MVC Champ, 2-time All-MVC
Jay Brock, UNI, 3-time all-MVC
Rob Brock, UNI, 3-time all-MVC
Chris Bunyan, Southern Ill., 2-time AA, 1-time MVC Champ, 2-time all-MVC
Joe Byrne, Southern Ill., 3-time all-MVC, 1-time NCAA Qualifier
Matt Clark, Missouri St., 3-time all-MVC
Mickael Colin, Wichita St., 3-time all-MVC
George Collier, Wichita St., 1-time AA, 1-time MVC Champ
Rod Collins, Bradley, 1-time MVC Champ, 2-time All-MVC
Brent Compton, Indiana St., 2-time all-MVC, 1-time all-region
George Condy, Indiana St., 2-time all-MVC, 1-time all-region
Paul Craig, Southern Ill., 3-time all-MVC
Balazs Csillag, UNI, 1-time MVC Champ, 3-time all-MVC
Tony Daniel, Illinois St., 4-time all-MVC
Bob Dluzen, Illinois St., 3-time all-MVC
Cal Elmore, Wichita St., 2-time MVC Champ, 2-time all-MVC

Neil Emberton, Southern Ill., 1-time MVC Champ
Elliot Evans, Drake, 3-time all-MVC
Bill Feiler, Drake, NCAA Runner-up
Fred Feiler, Drake, 2-time NCAA Champion, 3-time AA
Jordan Fife, Indiana St., 2-time all-MVC
Tom Fitzpatrick, Southern Ill., 4-time all-MVC
Dedrick Flowers, Illinois St., 3-time all-MVC
Darryl Frerker, Illinois St., 1-time MVC Champ, 3-time all-MVC
Matt Gabrielson, Drake, 3-time all-MVC
Christian Goy, Illinois St., 1-time MVC Champ, 4-time all-MVC
Jason Gunn, Indiana St., 2-time all-MVC, 2-time NCAA qual., 2-time all-region
Trey Harrison, Wichita St., 1-time MVC Champ, 3-time all-MVC
Kyle Hobbs, Indiana St., 2-time all-MVC, 1-time NCAA Qual., 1-time all-region
Eric Huey, Bradley, 2-time All-MVC
Vern Iwancin, Drake, 2-time MVC Champ
Howard Johnston, Drake, 12-time AA, 1-time MVC Champ
Mike Keane, Southern Ill., 3-time all-MVC
Kyle Kepler, UNI, 4-time all-MVC, Coach OY 2003
Justin Kunz, Indiana St., 1-time all-MVC, 1-time all-region, NCAA qual.
Bill Mack, Drake, 2-time AA, 1946 NCAA 4th
Stelios Marneros, Southern Ill., 3-time MVC Champ, 3-time all-MVC
Chuck Mork, N. Texas St., 3-time all-MVC
Lynn Lee, Drake, 2-time MVC Champ, 4-time all-MVC

Jason Lehmkuhle, Drake, 1-time MVC Champ, 2-time all-MVC
John Mohudro, Memphis St., 4-time all-MVC
Bill Moran, Southern Ill., 3-time all-MVC
Boyd Nansel, Drake, 2-time MVC Champ
Pete Palumbo, Illinois St., 3-time all-MVC
Jeremy Parks, Southern Ill., 3-time all-MVC
Rob Ream, Wichita St., 4-time all-MVC
Eric Rush, Indiana St., 3-time all-MVC, 1-time all-region
Mike Sawyer, Southern Ill., 4-time all-MVC
Karsten Schulz, Southern Ill., 3-time all-MVC
Randy Smith, Wichita St., 2-time MVC Champ, 4-time all-MVC
Mark Stewart, Southern Ill., 2-time all-MVC
John Straubel, Missouri St., 3-time all-MVC
Matt Straza, Illinois St., 3-time all-MVC
Eric Suender, Bradley, 2-time All-MVC
Mark Thomas, Drake, 4-time all-MVC
Alan Walker, Wichita St., 1-time AA, 3-time all-MVC
Nick Waninger, Evansville, 2-time all-MVC
Geoff Wayton, Indiana St., 1-time all-MVC, 2-time all-region
Kurt Wayton, Indiana St., 2-time all-MVC, 1-time all-region
David Wilson, Illinois St., 1-time MVC Champ, 3-time all-MVC

MISSOURI VALLEY CONFERENCE WOMEN'S CROSS COUNTRY ALL-CENTENNIAL TEAM

Ashley Ankam, Drake, 1-time MVC Champ, 3-time all-MVC, NCAA qual.
Tracey Bearden, Drake, 4-time all-MVC
Karen Beasecker, Missouri St., 2-time all-MVC
Sarah Becker, Wichita St., 3-time all-MVC
Stacia Beste, Illinois St., 1-time MVC Champ, 4-time all-MVC
Anna Boecker, Missouri St., 2-time all-MVC
Kim Briggs, Illinois St., 3-time all-MVC
Karla Burds, Drake, 2-time MVC Champ
Rosaling Cassidy, Illinois St., 4-time all-MVC
Amy Cohee, Indiana St., 1-time MVC Champ, 2-time all-MVC
Leeann Conway-Reed, Southern Ill., 2-time all-MVC
Jessica Crowder, Indiana St., 1-time AA, 1-time MVC Champ, 4-time all-MVC
Debbie Daehler, Southern Ill., 2-time all-MVC
Sue Daggett, Illinois St., 1-time AA, 2-time MVC Champ, 4-time all-MVC
Erin Doyle, Wichita St., 3-time all-MVC
Anna Dutton, Illinois St., 2-time all-MVC

Heidi Eilola, Wichita St., 2-time all-MVC
Rita Fiala, UNI, 2-time all-MVC
Ely Glass, UNI, 2-time all-MVC
Susan Hammock, Wichita St., 1-time MVC Champ, 3-time all-MVC
Mary Ellen Hill, Bradley, 2-time MVC Champ, 3-time all-MVC
Sandra Holestine, Wichita St., 2-time all-MVC
Jennie Horner, Southern Ill., 1-time MVC Champ, 1-time NCAA Qual.
Brittany Johnson, Illinois St., 2-time all-MVC
Summer Johnson, Drake, 4-time all-MVC
Lisa Judiscak, Southern Ill., 2-time all-MVC
Laura Kennedy, Illinois St., 2-time all-MVC
Cathy Kershaw, Southern Ill., 2-time all-MVC
Rebekah Kuklenski, Missouri St., 2-time all-MVC
Jamie Malone, Drake, 3-time all-MVC
Angie Menser, Indiana St., 3-time all-MVC
Heather Murphy, Illinois St., 2-time all-MVC

Patty Murray, Western Ill., 2-time MVC Champ, 3-time all-MVC
Desiraye Osburn, Wichita St., 1-time MVC Champ, 3-time all-MVC
Casey Owens, Missouri St., 2-time MVC Champ, 4-time all-MVC
Jennifer Pollard, Wichita St., 3-time all-MVC
Debbie Ramseyer, Indiana St., 2-time MVC Champ, 4-time all-MVC
Ashley Sanders, Missouri St., 3-time all-MVC
Darcy Scarlett, Wichita St., 2-time all-MVC
Laura Schafliuetzel, Missouri St., 2-time all-MVC
Sara Schumacher, Illinois St., 1-time MVC Champ, 3-time all-MVC
Christy Schwartz, Wichita St., 1-time MVC Champ, 2-time all-MVC
Vivian Sinou, Southern Ill., 3-time all-MVC
Erin Sutton, Missouri St., 3-time all-MVC
Wendy VanMierlo, Illinois St., 1-time AA, 1-time all-MVC
Camille Wise, Missouri St., 3-time all-MVC
Teri Wiser, Western Ill., 3-time all-MVC
Angie Zimmerman, Bradley, 2-time All-MVC