

National Observance Days

January

- National Mentoring Month
- National Stalking Awareness Month
- Slavery and Human Trafficking Prevention Month
- National Birth Defect Months
- National Blood Donor Month
- MLK Day of Service
- National Glaucoma Awareness Month

February

- National Eating Disorders Screening Program
- National Wise Mental Health Consumer Month
- National American Heart Month
- National Women's Healthy Day
- American Red Cross Month
- National Condom Month
- National Senior Independence Month
- National Black History Month
- Random Acts of Kindness Week (Feb 13-19)
- World Thinking Day (Feb 22)

March

- American Red Cross Month
- Women's History Month
- Disability Awareness Month
- Brain Injury Awareness Month
- Learning Disabilities Awareness Month
- National Eye Donor Month
- National Kidney Month
- National Nutrition Month
- National Poison Prevention Month
- National Professional Social Work Month
- Save Your Vision Month
- Workplace Eye Health and Safety Month
- National Collegiate Health and Wellness Week (March 4-10)
- National Problem Gambling Awareness Week (March 4-10)

- National School Breakfast Week (March 4-10)
- National Sleep Awareness Week (March 4-10)
- National Pulmonary Rehabilitation Week
- Companies that Care Day (Third Thursday)
- National Native HIV/AIDS Awareness Day (March 20)
- National Youth Violence Prevention Week (March 18-24)
- Kick Butts Day (March 21)
- World Water Day (March22)
- American Diabetes Alert Day (March 27)

April

- National Alcohol Awareness Month
- Autism Awareness Month
- National Volunteer Month
- Sexual Assault Awareness Month
- National Volunteer Month
- National Cancer Control Month
- National Child Abuse Prevention Month
- National Counseling Awareness Month
- National Donate Life Month
- Stress Awareness Month
- National Humor Month
- National Minority Health & Disparities Month
- National Occupational Therapy Month
- National STD's/ Family Planning Awareness Month
- National Youth Sports Safety Month
- National Week of the Ocean (April 1-7)
- International Children's Book Day (First Wed in April)
- National Day of Hope (April 4)
- National Public Health Week (April 7-13)
- World Health Day (April 7th)
- National Alcohol Screening Day (April 5th)
- National Library Week (April 8-14th)
- Siblings Day (April 10th)
- International Moment of Laughter Day (April 14th)
- National Healthcare Decisions Day 9 (April 16th)
- Global Youth Service Day (April 20-22)
- Earth Day (April 22)
- National Infant Immunization Week (April 21-28th)
- Take Your Daughters and Sons to Work Day (April 26th)

- Remember Children Lost to Violence Day (April 27)

May

- Asthma and Allergy Awareness Month
- Better Sleep Month
- Clean Air Month
- Correct Posture Month
- Employee Health and Fitness Month
- Hepatitis Awareness Month
- Huntington's Disease Awareness Month
- Lupus Awareness Month
- National Arthritis Month
- National Bike Month
- National High Blood Pressure Education Month
- National Mental Health Month
- National Osteoporosis Awareness Prevention Month
- National Physical Fitness and Sports Month
- National Stroke Awareness Month
- National Teen Pregnancy Month
- National Tuberos Sclerosis Awareness Month
- Older Americans Month

June

- Black Music Month
- Gay/Lesbian Month
- National Home Safety Month
- National Great Outdoors Month
- National Safety Month
- National Scleroderma Awareness Month
- National Headache Awareness Week (June 1-7)
- Stand For Children Day (June 1st)
- National Cancer Survivors Day (June 3rd)
- National Men's Health Week (June 11-17th)
- World Blood Donor Day (June 14th)
- National HIV Testing Day (June 27)

July

- Eye Injury Prevention Month
- UV Safety Month

- Fireworks Safety Month

August

- Cataract Awareness Month
- Medic Alert Awareness Month
- National Immunization Awareness Month
- International Day of the World's Indigenous People

September

- Baby Safety Awareness Month
- Health Aging Month
- Biodiversity Month
- Children's Eye Health and Safety Month
- Fruit and Veggie Month
- Leukemia and Lymphoma Awareness Month
- National Alcohol and Drug Addiction Recovery Month
- National Cholesterol Education Awareness Month
- National Food Safety Education Month
- National Ovarian Cancer Awareness Month
- National Menopause Awareness Month
- National Pain Awareness Month
- National Preparedness Month
- National Sickle Cell Disease Awareness Month
- National Yoga Month
- Prostate Health Month
- Whole Grains Month
- National Childhood Injury Prevention Week (September 1-7)
- Suicide Prevention Week (7-13)
- National Assisted Living Week (September 3-7)
- National Threatened Species Day (September 7th)
- National Day of Service and Remembrance (September 11th)
- National Rehabilitation Week (September 16-22nd)
- National Farm Safety and Health Week (September 16-22nd)
- Take a Loved One to the Doctor Day (September 20th)
- Backpack Awareness Day (September 19th)
- International Day of Peace (September 21)
- National Public Land Day (September 29th)

October

- LGBTQ History Month
- National Bullying Prevention Month
- National Domestic Violence Awareness Month
- Health Literacy Month
- Health Lung Month
- National Chiropractic Month
- National Crime Prevention Month
- National Dental Hygiene Month
- National Depression and Mental Health Screening Month
- National Disability Employment Awareness Month
- National Family Sexuality Education Month
- National Liver Awareness Month
- National Physical Therapy Month
- National Spina Bifida Month
- National Sudden Infant Death Syndrome (SIDS) Awareness Month
- National UNICEF Month
- National Work and Family Month
- Talk About Prescriptions Month
- Vegetarian Awareness Month
- Child Health Day (October 1st)
- World Habitat Day (October 1st)
- International Walk –to-School- Day (October 3)
- National Mental Illness Awareness Week (October 7-13)
- National Fire Prevention Week (October 7-13)
- National School Lunch Week (October 14-20th)
- World Mental Health Day(October 10th)
- International Infection Prevention Week (October 21-27)
- National Healthcare Quality Week (October 21-27)
- World Food Day (October 16th)
- International Day of the Eradication Of Poverty (October 17th)
- World Osteoporosis Day (October 20)
- National Mammography Day (October 19th)
- Make a Difference Day (October 27th)
- National Red Ribbon Celebration/ National Plant the Promise Week (October 23-31)
- Lung Health Day (October 26th)

November

- Nonprofit Awareness Month
- National Cyber Security Awareness Month
- National Disability Employment Awareness Month

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