Indiana State University  
Department of Applied Medicine and Rehabilitation  
Professional Athletic Training Program

Technical Standards for Admission and Retention

The Professional Athletic Training Program at Indiana State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. The abilities that an athletic trainer needs to practice safely are those described below, in the National Athletic Trainers’ Association educational competencies and clinical integration proficiencies, and in the Board of Certification Role Delineation Study. Candidates for the degree must be able to meet these minimum standards for successful completion of degree requirements.

The following abilities and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to fulfill these technical standards, with reasonable accommodations where applicable, the student will not be admitted into the program. Compliance with the program’s technical standards does not guarantee a student’s eligibility for the Board of Certification (BOC) certification exam.

Candidates for selection to the Athletic Training Program must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. sufficient postural and neuromuscular control, sensory function, and coordination to execute movements required to provide therapeutic care using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. ability to tolerate physically taxing work loads, which may include travel.
4. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
5. the ability to record the physical examination results and a treatment plan clearly and accurately.
6. the capacity to maintain composure and continue to function well during periods of high stress.
7. the perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
8. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
9. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Reasonable Accommodation

In compliance with the Americans with Disabilities Act, the admissions process does not require disclosure of a disability. However, all enrolled students must be capable of meeting the technical standards for the academic and clinical education components of the Athletic Training Program. These technical standards are necessary for full participation in the curriculum and it is expected that students will function independently, which generally means, without the aid of an intermediary, to achieve proficiency in all curricular areas. Applicants and students should review the technical standards for the AT program carefully. A student who has a disability may request reasonable accommodations. If, due to a disability, you feel you may require accommodations in order to complete the curriculum, it is essential that you work with the Indiana State University Office of Equal Opportunity to discuss possible accommodations.

I certify that I have read and understand the technical standards for selection listed above. I believe to the best of my knowledge that I can:

Meet each of these standards without accommodation.
Meet each of these standards with reasonable accommodation.

__________________________________________  ______________
Signature of Applicant                         Date