

## Why we go: Who benefits from ASB, and How?

Who:	How:
<b>Individuals</b> we help	<ul style="list-style-type: none"> <li>• Work accomplished and help given, such as                             <ul style="list-style-type: none"> <li>• free construction/demolition labor</li> <li>• free English tutoring &amp; homework help</li> </ul> </li> <li>• Emotional benefits, like care, hope, and encouragement</li> </ul>
<b>Agencies</b> we work with: HCRN / RFS	<ul style="list-style-type: none"> <li>• We help them accomplish their short-term goals and overall mission,</li> <li>• Bring in new energy and moral support</li> <li>• Occasionally financial assistance—through hosting volunteers, the agency is able to get credit or reimbursement through grants.</li> </ul>
<b>Participants</b> of Alternative Spring Break	<ul style="list-style-type: none"> <li>• Laughter, Fun, and Friends</li> <li>• Leadership, Teamwork, and People skills</li> <li>• Experience of diversity and important social issues</li> <li>• Transferable skills for career development</li> <li>• A taste of the <i>real</i> “real world” (as opposed to the MTV version!)</li> <li>• New perspectives on life and what it means to be an active and responsible citizen</li> </ul>
<b>Indiana State University</b>	<ul style="list-style-type: none"> <li>• Supports institutional goals of educating students and preparing them for success outside the classroom</li> <li>• Develops interpersonal skills of student leaders</li> <li>• Recruitment tool—Alternative breaks are getting popular, especially among high-achieving students!</li> <li>• Creates new, positive connections between diverse students</li> <li>• Provides another example of our focus on learning through engagement</li> <li>• Creates more active citizens on campus</li> <li>• Gets ISU’s name “out there” as a university with a heart!</li> </ul>
<b>Terre Haute</b> Community	<ul style="list-style-type: none"> <li>• ASB students will participate in Martin Luther King, Jr. Day of Service</li> <li>• Events and presentations share the experience and new understanding with people in Terre Haute. For example: “Hurricane Katrina, Continued,” a two-year anniversary event and students’ presentations to community groups as a class final project for students enrolled in the ASB course.</li> <li>• Through reflection and post-trip reorientation, participants learn to apply what they’ve discovered about service, social justice, and themselves back here in their own community</li> </ul>
<b>The Big Picture:</b> Wabash Valley, Indiana, the US, and the World!	<p>By inspiring students to be active citizens, ISU’s Alternative Spring Break will help build leaders who will impact countless individuals in the future with their newfound abilities, love of service, and respect for diversity and social justice!</p>

To learn more, see [www.indstate.edu/publicservice/students/asb.htm](http://www.indstate.edu/publicservice/students/asb.htm)