

Pounds for the Pantry Challenge

For every pound lost, Pi Kappa Alpha Fraternity will donate \$0.25 to Catholic Charities Food Bank of Terre Haute.

Special Awards and Recognition:

- ISU Department Divisions
- Fraternity & Sorority Division
- ISU Campus Organizational Division
- Residence Hall Division

For more information and to register, visit the Recreation Sports Homepage or visit the Membership Services counter at the SRC.

Weigh In: January 17
The Challenge Begins!
Weigh Out: February 28

For more information, contact
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Prizes will be awarded for:

- Highest Activity Level
- Most Rec Center Visits
- Most Improved Blood Pressure

In conjunction with the Pounds for the Pantry Challenge!

Aim for at least 30 minutes of moderate-to-vigorous physical activity 5 days a week!

“Start! Get Active!” Challenge