

## **EDUCATION**

**Bachelor of Science in Food and Nutrition (Concentration in Coordinated Dietetics)**

Expected May 2023

Indiana State University, Terre Haute, IN

GPA: 3.94/4.00

## **ADVANCED COURSEWORK**

Organic Chemistry, Human Nutrition, Food Composition, Nutrition through the Life Span, Sports Nutrition, Community Nutrition, Nutrition and Metabolism, Medical Nutrition Therapy

## **RELEVANT EXPERIENCE**

### **Dietary Intern**

May 2021 – August 2021

Terre Haute Rehabilitation of the Wabash Valley, Terre Haute, IN

- Visited residents to determine meal preferences and daily meal choices
- Coordinated diet information with food service department
- Updated tray card information utilizing computerized tray card system
- Performed tray line audits to help ensure accuracy of resident meals
- Participated in the development of the Resident Customer Service Program to increase meal satisfaction and accuracy of honoring food preferences

### **Service Learning Project**

April 2021

Community Nutrition Course, Indiana State University, Terre Haute, IN

- Volunteered at the Boxer Mills Educational Community Service Garden
- Helped pick, plant, and deliver vegetables to the Hope House at Sycamore Christian Church

### **Family Dietary Study**

March 2021

Nutrition through the Life Span Course, Indiana State University, Terre Haute, IN

- Reviewed each family members information; made dietary suggestions based on age and physical activity level
- Analyzed daily nutrient intake using MyPyramid and Food Processor software
- Planned a three day menu for 6 family members

## **CAMPUS INVOLVEMENT**

**Phi Kappa Phi, Honor Society, Member**

April 2020 – Present

**Student Dietetic Association, Member**

August 2019 – Present

**Student Wellness Advocacy Team**

September 2020 – May 2021

- Promote healthy decision making on campus through behavior-specific programming, campus wide awareness events, and leading by example
- Serve as a Peer Health Educator for Freshman seminar class of 68 students

## **WORK EXPERIENCE**

**Retail Associate, The Gap, Terre Haute, IN**

July 2018 – Present

- Manage, count, verify, and reconcile daily cash register sales
- Greet customers in a courteous and professional manner, while providing quality customer service to approximately 250 guests per day; answered questions about products and services, membership inquiries and renewals
- Receive and processed payments by cash, check, credit card and automatic debit transactions while maintaining a balanced cash drawer
- Perform opening and closing procedures effectively according to store policies and procedures