

<p><b>IF YOU</b> Were exposed to COVID-19 and are <b>NOT <u>up-to-date</u></b> on COVID-19 vaccinations.</p> <p><b>NOT up-to-date includes:</b> Fully vaccinated means a person has received their primary series of COVID-19 vaccines.</p> <p>AND</p> <p>Unvaccinated</p>	<p><b>Quarantine for at least 5 days</b></p> <p><b>Stay home</b> Stay home, complete the <a href="#">Sycamore Health Assessment Survey</a>, and <a href="#">quarantine</a> for at least 5 full days. Wear a well-fitted mask if you must be around others in your home.</p> <p><b>Get tested</b> Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p><b>After quarantine</b></p> <p><b>Watch for symptoms</b> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p><b>If you develop symptoms</b> <a href="#">Isolate</a> immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p><b>Take precautions until day 10</b></p> <p><b>Wear a mask</b> Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p><b>Avoid being around people who are at high risk.</b></p>
<p><b>IF YOU</b> Were exposed to COVID-19 and are <b><u>up-to-date</u></b> on COVID-19 vaccinations</p> <p><b>Up-to-date means</b> a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible.</p>	<p><b>No quarantine</b> You do not need to stay home <b>unless</b> you develop symptoms.</p> <p><b>Get tested</b> Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p><b>Watch for symptoms</b> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p><b>If you develop symptoms</b> <a href="#">Isolate</a> immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p><b>Take precautions until day 10</b></p> <p><b>Wear a mask</b> Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p><b>Avoid being around people who are at high risk.</b></p>
<p><b>IF YOU</b> were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)</p>	<p><b>No quarantine</b> You do not need to stay home <b>unless</b> you develop symptoms.</p>	<p><b>Watch for symptoms</b> Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p><b>If you develop symptoms</b> <a href="#">Isolate</a> immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p><b>Take precautions until day 10</b></p> <p><b>Wear a mask</b> Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p><b>Avoid being around people who are at high risk.</b></p>

Employee Contact Tracing

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Student Contact Tracing

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Visit <https://www.indstate.edu/humanres> for COVID-19 FAQs or <https://www.indstate.edu/covid> for campus updates

Quarantine and isolation guidelines are in accordance with Vigo County Health Department and CDC recommendations and are subject to change.

March 4, 2022