

## Programming Statistics Spring Semester 2006

### Number of Events by Category:

Category	2005	2006
A/C/&I - Academic/Career/ & Intellectual Competencies	105	83
PI & IR - Personal Identity & Interpersonal Relationships	116	102
PH & W - Personal Health and Wellness	98	67
Cultural - Educates others about cultural Experiences	79	68

### Attendance by Category\*:

Category	2005	2006
A/C/&I - Academic/Career/ & Intellectual Competencies	1210	1028
PI & IR - Personal Identity & Interpersonal Relationships	4090	2277
PH & W - Personal Health and Wellness	793	952
Cultural - Educates others about cultural experiences	1448	1493

\* denotes that attendance for some events were listed as N/A for passive events such as bulletin boards. These numbers reflect the attendance for the students counted by staff in their own program reporting. It is also important to realize that there were ten less R.A.s, due to the closing of Burford Hall and the decreased number of students living in our halls as well. Even though, there was increased attendance in cultural and Personal Health and Wellness programs.

### ***Residential Life Programming Information***

<u>Semester</u>	<u>Year</u>	<u>Events</u>	<u>Attendance Reported</u>
Fall	2004	291	4503
Spring	2005	253	3542
<b>04 - '05 Totals</b>		<b>544</b>	<b>8045</b>
Fall	2005	188	3789
Spring	2006	254	4252
<b>05 - '06 Totals</b>		<b>442</b>	<b>8041</b>
<b>2 year Totals</b>		<b>986</b>	<b>16,086</b>

### *Learning Outcomes Reported by Students*

<b><i>Like Skills Learned:</i></b>	Spring '06
Intellectual Growth	346
Improved Self Esteem	244
Affirmation of Career Choice/Major	120
Identified Areas for improved Healthy Behavior	324
Informed me of Resources that will Better Myself	232
Improved Communication Style	275
Challenged My Current Values	293
Enhanced my Development of Leadership Skills	144
Learned about Another Culture or Person	184
<b><i>Outcomes Reported:</i></b>	
New Skills that will Benefit my Academic Success	163
Utilizing Resources to Assist me with Choosing/Affirming my Major	168
Interaction with Someone Different than Myself	378
Information to Evaluate my Personal Development	301
My Current Values have been Challenged or Affirmed	232
New Ways of Establishing a Healthy Lifestyle	281

Staff offered programs relating more towards healthy living and offering experiences with others that were different. Although we are unable to compare the learning outcomes reported by students for spring 2005, it is interesting to note the significance of students reporting they were interacting with others different than themselves as well as receiving information to evaluate their personal development and finding new ways of establishing a healthy lifestyle. The

categories listed above are taken directly from The Council for the Advancement of Standards in Higher Education (CAS) and are in response to information collected during the Student Affairs Division Review 2005 -2006 academic year.

Another important component of the Learning Outcomes was the responses to the final question on the form that was filled out. The question asked students, "If I could list two things that I would like to have more information on, it would be: \_\_\_\_\_"

The responses we received were helpful to staff in future programming, but also gives us some insight into what types of programs our students are looking to gain further knowledge. Listed below are some of the responses. This gives staff approximately 192 ideas for programming in the future. (The inappropriate responses have been omitted).

Aerobic classes and that's it                      Majors, Plays  
How many calories are in certain foods & what skills are learned in exercise classes?

Rules    Drugs and alcohol

Other ways I can help                              Helping others x2  
Who gets these (forms)?

More time for the program                      Different ways to work out while having fun  
What foods are the healthiest and what's the best way to stay in shape?

How to buy name brands at affordable prices and how to budget my money so I can afford the things I like?  
Why do people from different cultures regard hygiene differently, how do we keep healthy without spending a lot of money?  
Good products which are less expensive.

Study Session Hours & location              Scholarships & ISU events  
Note taking

How Mammograms feel & what they determine  
Questions I should ask at the doctor  
How to eat healthier

My major and other people's classes      How to pass class and be a better student?  
Classes of other people                      Classes  
What teachers not to take

Religious aspects and background information  
Chinese food/religion

School/Life    Possible Majors and other services of the university  
Activities to do off-campus

Other forms of exercise and food choices  
What exercise is the best

Pregnancy and fitness  
Breast cancer and Health

STD's and their rates

How much time does being a R.A. take?

RHA & Housing x2  
Classes and different opportunities on campus  
Getting fit  
My room and singing

Time management and distressing

Preparing a CV and applying to grad school

Breast cancer and STDs

Cultural Cooking  
Implementation of these lifestyles and how to cook this food

Other cultures – more opportunities that are on campus

Skills to academic success and information on personal development  
New dorm registration and others on the floor  
The room selection, RA stuff

Activities in our area and ways to get involved in the community outside of ISU

How to make easy money and how to make good grades  
Resume building  
Fun things

Accounting and Administration

Alcohol limit, statistics  
How to make the drinks, other floor programs

Books, news  
Communication  
School events

The Knicks, and pizza

The rules of jeopardy, and what communication is

Campus organizations and special activities  
The durability of different balloons and the technique of a double-layered balloon  
How to make stress balls using rice, the most efficient way to clean up flour

More about social differences of classes  
Social class earnings, development of social classes

Sprinkles  
How to make them more

Sugar content

Butter and chocolate

On-campus events  
“why res. Life is so difficult.”

My nails and fragrances  
New colors for spring, gift ideas  
Skin care products and make-up

My cosmetic choices and nail care

My own skin and better make up to put on

School resources and being more social  
Telephone numbers to pizza places and where I can get coupons



Learning communication  
Sex, health issues

People's thoughts and how to care

Future plans and Residential Life  
Time Management  
Supplemental Instructors and time management skills  
Time management

Tutoring and Career Center  
Internships and better study habits  
Library resources

Life in the Congo – Beliefs and customs of their country  
Tourist Information X2

Some other ways to use the slang – how slang benefits others.  
To communicate with other cultures X2

More speakers have more information  
Stats & more stories  
The effects on family (Drunk Driving)

Statistics and how many students it affects  
# deaths per year and how many wrecks

Community Service Activities  
Stats about different races and their treatment within the community

Racism and Stereotypes

Safe Sex, Prevention of diseases  
STDs/AIDS

Homosexual intercourse

What happens when you BAC is too high and what happens when you're caught

Why Presidential Scholars are stuck in crappy housing  
Why Presidential Scholars don't get better living arrangements

More floor activities in the future

Stem Cell Research/Stock market  
Sex, girls

Magnum XL's & the Head

The policies of this campus  
Body weight and drinks  
Risks to health of drinking

Can't think of anything  
Job at ISU police – how drunk goggles are made  
DUI Laws & drunk driving

(Relationship Violence)  
Where to get help – how to avoid it  
Where people get help

Where to get help – how you make others feel  
To what extent is it considered abuse?

How to plant a garden  
Healthy diets, work out programs

Train Harder/get more sleep  
More activities I could enjoy

Sports, better health

Birth Control

How to lose weight and be healthy      Intramural Sports  
Working out and recreation

Resources and activities      Activities and Career Center  
Detailed Australian? info, how to apply  
(Date Rape)

What kind of trouble a person can get in.

How to prevent this from happening to others

I learn a lot in class

Being more firm and how not to put myself in that situation

Rape Law & jail time

Yoga

More riddles

Percy Granger and his folk songs

Citing and titles

No Deal

Sitting and writing

Intro and Body

