Graduate Resource Guide

ISU Psy.D. Program

(Updated August 2019)

**MULTICULTURAL RESOURCES**

[**International Student Organizations**](https://www.indstate.edu/ips/program-and-services/campus-resources/iso)

* International Student Leadership Council (ISLC)
* African Student Union (ASU)
* Hispanic Latino Alliance (HLA)
* Chinese Student and Scholarship Association (CSSA)
* Indian Student Association (ISA)
* Saudi Student Association (SSA)

**Cultural Centers**

* [Multicultural Services and Programs (MSP)](https://www.indstate.edu/student-affairs/msp/resources-and-services)
  + [LGBTQ Resource Center](https://www.indstate.edu/student-affairs/msp/lgbtq-resource-center)
  + [La Casita Resource Center](https://www.indstate.edu/student-affairs/msp/la-casita-student-resource-center)
  + [International Student Resource Center](https://www.indstate.edu/student-affairs/msp/resource-centers/international-student-resource-center/about)
* [Campus Ministries](https://www.indstate.edu/student-affairs/campus-life/campus-ministries)
* [African American Cultural Center](https://www.indstate.edu/student-affairs/aacc)
* [Center for Global Engagement](http://www.indstate.edu/ips)
* [Women’s Resource Center](http://www.indstate.edu/student-affairs/wrc)

**LGBTQ Resources**

* [ISU LGBTQ Resource Center](https://www.indstate.edu/student-affairs/msp/resource-centers/lgbt-resource-center/about)**:** (web site has a variety of resource both on/off campus)
* [ISU LGBTQ Student Resource Center (Facebook)](https://www.facebook.com/ISULGBTQ/)

(Affirming religious organizations marked with \* below)

**Spiritual/Religious Resources**

**Selected Religious organizations (most of these are close to campus/in Terre Haute unless indicated)**

* [Campus Ministries](https://www.indstate.edu/student-affairs/campus-life/campus-ministries)  list of ministries with college student focus and contact info)
* [Islamic Center of Terre Haute](https://www.salatomatic.com/spc/Terre-Haute/Islamic-Center-of-Terre-Haute/afxfQpZDOW) 1319 S. 6th Street
* [United Hebrew Congregation](http://www.unitedhebrewth.org/) 540 S. 6th Street
* [St. Joseph University Parish](http://www.stjoeup.org/) 113 S. 5th Street
* \*[St. Stephen’s Episcopal Church](http://www.ststephensth.org/) 215 N. 7th Street
* [St. Benedict Church](http://www.stbenedictth.org/)  111 S. 9th Street
* [Allen Chapel African Methodist Episcopal Church](https://www.facebook.com/HistoricAllenChurch/) 218 Crawford St.
* The Church of Jesus Christ of Latter-day Saints 1845 N 6th ½ Street
* [First Unitarian Universalist Congregation of Terre Haute](https://www.facebook.com/First-Unitarian-Universalist-Congregation-of-Terre-Haute-98425362035/) 1875 S Fruitridge Ave.
* \*[Central Christian Church](http://www.cccthdisciples.org/) 4950 Wabash Ave.
* [Baptist Collegiate Ministry](http://www.isubcm.com) 800 N. 6th Street
* [Chi Alpha Campus Ministries](https://indstate.campuslabs.com/engage/organization/chi-alpha-campus-ministries)(Christian student organization at ISU)
* [Christian Student Fellowship](http://www.isucsf.com) 732 N. 5th St.
* [United Campus Ministries](http://www.thunitedcampusministries.org/) 321 N 7th St.
* \*[Unity Presbyterian Church](http://unitypresbyterian.net/) 1207 E. Springhill Rd

**Multicultural Faith Groups**

* [Nueva Vida/New Life Fellowship](http://newlifeterrehaute.com/)
* [Iglesia de Dios El Oasis](https://goo.gl/C0ssRY)
* [Islamic Center of Terre Haute](https://sites.google.com/site/islamiccenterofterrehautein/)
* [United Hebrew Congregation](https://goo.gl/HFFmce)

**HEALTH RESOURCES**

* Healthy Indiana Health Plan (HIP) for low income individuals
  + Apply online at: <http://www.in.gov/fssa/dfr/3112.htm>
* [UAP Clinic – ISU Health Center](https://www.indstate.edu/health-center)
* [ISU Student Recreation Center (gym)](https://www.indstate.edu/student-affairs/campus-rec)
* [Terre Haute Regional Hospital](http://regionalhospital.com/)
* [Union Hospital](http://www.myunionhospital.org/unionhospital/)
* [ISU Physical Therapy and Sports Rehabilitation Clinic](http://www.indstate.edu/health/center/rehabclinic)

**Therapy/Counseling Resources:**

\**denotes providers that we know and would recommend and who have no role in our training program.*

\*\**denotes agencies that are also a placement site for our program*

\*\*ISU Student Counseling Center

2nd floor Gillum Hall

Indiana State University

Terre Haute, IN 47807

812-237-3939

<http://www2.indstate.edu/cns/>

\*Laura Fredendahl, Psy.D. \*Dawn Castner-Rector, Ph.D.

\*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/) \*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/)

2740 S. 7th St. 2740 S. 7th St.

Terre Haute, IN  47802   Terre Haute, IN 47802

(812) 235-6121 (812\_ 235=6121

\*Thomas Rea, Psy.D. \*Allissa Williams, MS, MDiv, LMHC

\*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/) 812-298-6702

2740 S. 7th St. Sliding Scale fee only (does not accept insurance)

Terre Haute, IN  47802

(812) 235-6121

\*Melissa Dreher, LMHC Crystal Turchi, LMHC

Healthy Connections & Wellness Healthy Connections & Wellness

1400 E Pugh Drive  1400 E Pugh Drive   
Suite 18 Kenbell Plaza Suite 18 Kenbell Plaza  
Terre Haute, Indiana 47802  Terre Haute, Indiana 47802   
(812) 610-4836 (812) 610-4836

**For l referrals in the Indianapolis area see:**

<https://www.butler.edu/counseling-services/community-referrals>

**ACADEMIC RESOURCES:**

* [Math and Writing Center](http://libguides.indstate.edu/c.php?g=423656)
* [ISU Cunningham Memorial Library](http://library.indstate.edu/)
* [College of Graduate and Professional Studies](https://www.indstate.edu/cgps)
* [Disability Student Services](https://www.indstate.edu/services/student-success/cfss/student-support-services/disability-student-services)
* [Veteran Services](https://www.indstate.edu/services/veterans)

**PARKING, PUBLIC SAFETY, PUBLIC TRANSIT**

* [ISU Police](http://www2.indstate.edu/pubsafety/services.php)
  + Escort request (handy at night), battery jump, and lockouts.
* [ISU Parking Services](https://www.indstate.edu/parking)
* [Terre Haute Public Transit](https://www.indstate.edu/ips/program-and-services/terre-haute/driving-transportation) (Free to ISU students)
  + [Terre Haute Transit](http://www.terrehaute.in.gov/departments/transit-department)
* [Terre Haute Police](http://www.terrehaute.in.gov/departments/pd)

**HOUSING OPTIONS**

* [ISU Residential Life/Graduate Housing](https://www.indstate.edu/ips/future-students/life-at-state/housing)
* **Housing Options popular among current Psy.D. students**:
* o   [Village Quarter Apartments](http://www.thevillagequarter.com/)
* o   [Sycamore Terrace](http://www.sycamore-terrace.com/)
* o   [Heritage Trail](https://www.heritagetrailapartments.com/)
* o   [Cobblestone Crossings](http://www.cobblestonecrossings.com/)

**CHILD CARE SERVICES**

* [ISU Early Childhood Education Center](http://www.indstate.edu/education/ecec)
* [Chances and Services for Youth (CASY](http://casyonline.org/)) (childcare resource and referral services)

**THINGS TO DO:**

* [Sycamore Outdoor Center](https://www.indstate.edu/health/center/soc)
  + Ropes Course, hiking, canoeing, fishing, picnic and games area
* [Deming Park](http://www.terrehaute.in.gov/departments/parks/parks-information/deming-park.html) 
  + Great place for a jog, walk, and picnic. It also has an 18-hole disc golf course, a public pool, and a variety of sport facilities including basketball and tennis courts.
* [Dobbs Memorial Park](http://www.terrehaute.in.gov/departments/parks/city-parks/dobbs/NC) (across the street from Village Quarter Apartment)
* [Hawthorn Park](https://www.vigocounty.in.gov/egov/apps/locations/facilities.egov?view=detail;id=3) 
  + [Griffin Bike Park](https://griffinbikepark.com/) (located next to Hawthorne, awesome bike trails!)
* [Fairbanks Park](http://www.terrehaute.in.gov/departments/parks/parks-information/fairbanks-park.html) (about 6 blocks away from ISU campus, on the Wabash River)
* [Downtown Terre Haute](https://www.facebook.com/DowntownTH/) (FB page, info on First Friday events)
* [10 best things to do in Terre Haute](https://www.tripadvisor.com/Attractions-g37574-Activities-Terre_Haute_Indiana.html) (tripadvisor)
* [Turkey Run State Park](https://www.in.gov/dnr/parklake/2964.htm) (50 miles north of Terre Haute, beautiful area, great hiking!)
* [Haute Happenings](https://nateandrachael.com/terrehaute/guide-to-things-to-do-in-terre-haute-with-kids/) (great resource for up-to-date info on events in Terre Haute)
* [Ditzler Orchard](http://www.ditzlerorchard.com/) (great place to pick apples, get cider in the fall!)
* [Sunflower Maze](http://www.lafamilyfarms.com/sunflower-maze)  (have to be here in the summer for the maze, also have hiking trails and farm store)
* [Sycamore Winery](https://www.thesycamorewinery.com/) (tasting room, often have live music on the weekends, outdoor seating)
* [Terre Haute Children’s museum](http://thchildrensmuseum.com/) (very close to campus, great place to take kids)
* [Vigo County Fairgrounds](http://www.vigofair.com/) (events throughout the year)
* [Terre Haute Farmer’s Market](https://terrehautefarmersmarket.com/) (great produce spring through October on Sat AM)
* [Swope Art Museum](http://www.swope.org/)  (close to campus, free admission, art classes for kids in summer)

**LOCAL DISCOUNTS FOR STUDENTS:**

* Grand Traverse Pie Company: Free Pie for ISU students
* Papa John’s Pizza: Large $5.99 pizza (need code: ISU09, Additional discount codes available online)
* Ballyhoo Pizza King: 10% Discount
* Clabber Girl: 10% Discount
* J. Gumbo’s: 10% Discount

[More info on ISU discounts](https://www2.indstate.edu/humres/docs/ISU_EmployeeIncentives.pdf)

**MISC**

* Food Assistance. [Food pantry at United Campus Ministries](http://www.thunitedcampusministries.org/food-pantry.html) (321 N. 7th Street—just north of Root Hall). See website for hours the food pantry is open.
* [Supplemental Nutrition Assistance Program (SNAP)](http://www.in.gov/fssa/dfr/2691.htm) provides food assistance to low income individuals.
* [Information about Terre Haute](http://www.rose-hulman.edu/~adams1/bereft/do.html) (developed by a professor at Rose-Hulman)