

Indiana State University Psy.D. Program Competencies and Objectives
(Based on APA Profession-Wide Competencies)
June 2021

Competency 1: Research:

Students will demonstrate the independent ability to formulate research that is of sufficient quality and rigor needed to contribute to the scientific, psychological, or professional knowledge base.

1.1: Students will demonstrate the ability to integrate and critically evaluate published literature.

1.2: Students will demonstrate skills in interpreting and applying basic statistical techniques.

1.3: Students will demonstrate competence in basic research methodologies.

1.4: Students will demonstrate the capacity to develop and complete an empirical study.

1.5: Students will publish or present their research at the institutional, regional, or national level.

Competency 2: Ethical and Legal Standards:

Students will be knowledgeable of and act in accordance with professional ethics.

2.1: Students will demonstrate a commitment to and working knowledge of the ethical code outlined by the American Psychological Association, relevant federal and state statutes and laws, and relevant professional standards and guidelines to guide practice in all professional activities.

2.2: Students will demonstrate the ability to recognize ethical and legal dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas in all professional activities.

2.3: Students will conduct themselves in an ethical manner in all professional activities.

Competency 3: Individual and Cultural Diversity:

Students are expected to conduct all professional activities with sensitivity to human diversity, including the ability to deliver high quality services to a diverse population.

3.1: Students will demonstrate an understanding of how their own personal/cultural history, attitudes and biases may affect how they understand and interact with people different from themselves.

3.2: Students will demonstrate knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities, including research, training, supervision/consultation, and service

3.3: Students will demonstrate the ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles (e.g., research, services, and other professional activities).

3.4: Students will demonstrate the requisite knowledge and ability to articulate an approach to working effectively with diverse individuals and groups, and apply this approach effectively in their professional work.

Competency 4: **Professional Values and Attitudes:**

Students are expected to respond professionally in ways consistent with the profession of psychology.

4.1: Students will behave in ways reflecting the values and attitudes of psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others.

4.2: Students will engage in self-reflection regarding their personal and professional functioning and engage in activities to maintain and improve performance, well-being, and professional effectiveness.

4.3: Students will actively seek and demonstrate openness and responsiveness to feedback and supervision.

4.4: Students will respond professionally in increasingly complex situations with a greater degree of Independence as they progress across levels of training.

Competency 5: **Communication and Interpersonal Skills:**

Students will demonstrate appropriate communication and interpersonal skills and respond professionally in increasingly complex situations.

5.1: Students will develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services.

5.2: Students will produce and comprehend oral, nonverbal, and written communications that are informative and well-integrated.

5.3: Students will demonstrate a thorough grasp of professional language and concepts.

5.4: Students will demonstrate effective interpersonal skills and the ability to manage difficult communication well

Competency 6: **Assessment:**

Students will demonstrate competence in conducting evidence-based assessment consistent with the scope of Health Service Psychology.

6.1: Students will demonstrate current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and psychopathology.

6.2: Students will demonstrate understanding of human behavior within its context (e.g., family, social, societal, and cultural).

6.3: Students will demonstrate the ability to apply the knowledge of functional and dysfunctional behaviors including context to the assessment and/or diagnostic process.

6.4: Students will select and apply assessment methods that draw from the best available empirical literature and that reflect the science of measurement and psychometrics; collect relevant data using

multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient.

6.5: Students will interpret assessment results, following current research and professional standards and guidelines, to inform case conceptualization, classification, and recommendations, while guarding against decision-making biases, distinguishing the aspects of assessment that are subjective from those that are objective.

6.6: Students will communicate orally and in written documents the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.

Competency 7: Intervention:

Students will demonstrate competence in the delivery of evidence-based interventions consistent with the scope of Health Service Psychology.

7.1: Students will establish and maintain effective relationships with the recipients of psychological services.

7.2: Students will develop evidence-based intervention plans specific to the service delivery goals.

7.3: Students will implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables.

7.4: Students will demonstrate the ability to apply the relevant research literature to clinical decision making.

7.5: Students will modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking.

7.6: Students will evaluate intervention effectiveness and adapt intervention goals and methods consistent with ongoing evaluation.

Competency 8: Supervision:

Students will acquire foundational knowledge regarding supervisory aspects of Health Service Psychology.

8.1: Students will demonstrate knowledge of supervision models and practices.

8.2: Students will demonstrate ability to integrate supervisor feedback into professional practice.

Competency 9: Consultation and Interprofessional/Interdisciplinary Skills:

Students will learn and demonstrate intentional collaboration with other individuals or groups to address problems, seek or share knowledge, or promote effectiveness in professional activities.

9.1: Students will demonstrate knowledge and respect for the roles and perspectives of other professions.

9.2: Students will demonstrate knowledge of consultation models and practices.

Discipline Specific Knowledge (DSK)

Students will acquire knowledge in the core areas of the discipline of psychology.

DSK.1: Students will demonstrate knowledge of the history of psychology, including the origins and development of major ideas in the discipline of psychology.

DSK.2: Students will demonstrate knowledge in Affective Aspects of Behavior.

DSK.3: Students will demonstrate knowledge in Biological Aspects of Behavior.

DSK.4: Students will demonstrate knowledge in Cognitive Aspects of Behavior.

DSK.5: Students will demonstrate knowledge in Developmental Aspects of Behavior.

DSK.6: Students will demonstrate knowledge in Social Aspects of Behavior

DSK.7: Students will demonstrate advanced integrative knowledge in scientific psychology that entails integration of multiple basic discipline-specific content areas identified in DSK b-f.

DSK.8: Students will demonstrate knowledge of research methods.

DSK.9: Students will demonstrate knowledge of statistical analysis.

DSK.10: Students will demonstrate knowledge of psychometrics.