

# Clinical Psychology Psy.D. Program Indiana State University Summer 2013 Newsletter



Welcome to the second edition of the ISU Psy.D. program newsletter! Our goal for the newsletter is to stay in touch with our alumni, keep you up-to-date about changes in the program, and to encourage networking between our alumni and between alumni and current students. To this end, we have recently established a **Facebook group page**, to facilitate networking and discussion among graduates (and current students) in our program. If you are on Facebook, please consider joining the group: **ISU Psy.D. Graduates**

## ***Reflections on 2012-2013***

As I think over my first year as Director of Training, I am extremely thankful for the tremendous support of my colleagues and continue to be impressed with the high level of competence of our students. We are very proud of the fact that all 10 students who submitted rankings for internship were matched to APA accredited internships for 2013-2014. Among the students currently on internship, six have completed their dissertations and will be graduating in August of 2013. As has been the case for many years, our students on placement and internship received glowing evaluations from supervisors.

## ***Changes in Faculty***

As most of you already know, Dr. Murphy retired in May of 2013 after more than 30 years at Indiana State University (see story and pictures on Dr. Murphy's retirement dinner below). Dr. Janis Leigh also left ISU in May 2013 in order to take a clinical position at a Veteran's hospital in California. We are very appreciative of the many contributions that Dr. Leigh made to the Psy.D. program. We are hopeful that we will be interviewing for a new faculty position this coming year. If you know of individuals interested in a tenure-track position with background in health psychology, neuropsychology or child clinical psychology, let us know. We were fortunate to be able to hire Dr. Prama Chakravarti, who is a graduate of the Clinical Psychology doctoral program at Southern Illinois University, for a one-year position. Dr. Chakravarti is a child clinician with research and clinical experience in neuropsychological assessment. She will be teaching Neuropsychology in the fall and possibly a Neuropsychology Assessment workshop in the spring semester. Lastly, Dr. (Boothby) Shriver returned to teaching full-time in our department after several years of administrative work at ISU. Dr. Shriver will be teaching the dissertation course this coming fall as well as an elective in Forensic psychology.

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## ***Changes in the Psychology Clinic***



*Dr. Rebecca Murray (right)*

Dr. Rebecca Murray will soon be finishing her first year as the Director of Psychology Clinic. Dr. Murray was a faculty member in psychology at Georgia Southern University and has more than 15 years of experience in private practice. Dr. Murray spent her first several months on the job cleaning out more than 30 years of “stuff” in the Psychology clinic and doing some minor redecorating. We now have a much cleaner, well-organized and visually appealing clinic! Dr. Murray has also updated many of the clinic forms and procedures, developed a web site for the clinic, as well as a mission statement and goals. In addition to providing clinical supervision, Dr. Murray teaches Foundations of Psychotherapy, Group Therapy, Supervision, and has presented on Couple’s therapy and Working with Victims of Domestic Abuse during Friday didactic presentations. A much anticipated change in the clinic involves getting rid of DVD players and moving to an electronic recording system, similar to what is used for many security systems (motion activated).



## ***ISU Pre-doctoral Internship***

The ISU Psychology Department Internship was approved as an APPIC member in October of 2012. We will be graduating our first intern group, Jennifer Korak and Michael Knobloch, in August of 2013. Our interns, as well as our current students, were able to benefit from weekly didactic presentations on topics including Acceptance and Commitment Therapy, Yalom’s Therapeutic Principles, The Fundamentals of Mindful Eating, Working with Geriatric Patients, Schizophrenia research, and Development of Quantitative Ability in Children. We also had two presentations by alumni of the program. Angie Vredevelde presented on Psychology’s role in International Affairs, and Chaz Mailey presented on Job Hunting Tips. We did not have any ISU students apply to the internship program for 2013-2014, so will not be running the internship next year. We do however plan to continue with Friday Didactics. If you would be interested in presenting (either in person or via Skype), let us know; we’d love for our students to be able to continue to benefit from the knowledge and experience of our alumni!

## ***Dr. Murphy's Retirement Dinner and the Michael J. Murphy Travel Scholarship***



More than 80 people enjoyed Dr. Murphy's retirement celebration on May 7, 2013, including several members of his family. We had wonderful speakers including Mike Urban, Virgil Sheets, June Sprock, Tom Barbara (IPA), Mike's brother, Pete Murphy, the PGSO president, and Bob Levy, who spoke about Mike's early career at ISU. We also received dozens of cards and letters that we presented to Dr. Murphy in a memory book. Several of the letters as well as the speakers mentioned "Murphy-isms" that will sound familiar to many of you. One of my favorites, contributed by Nick Lind (class of 1996) was "*Therapy is fishing, not hunting.*" Another Murphy-ism which I've heard (and experienced) many times, mentioned by Dr. Urban, was "promotion comes quickly to those who volunteer."

Below is an excerpt from a letter sent by Kate Carlson (class of 2000), which may bring back similar memories for many of you!

In my fourth year in the Psy.D. program, I had the privilege of traveling to Indianapolis with my classmates, Sam, Jeff, Jessica and Shelley, along with Dr. Murphy, to sit in on one of the Indiana State Psychology Board's meetings. This seemed to be Dr. Murphy's version of "Scared Straight" for budding clinical psychologists. On that particular day, the board was reviewing complaints against two psychologists, each charged with a different ethical infraction. My classmates and I were shocked at what might go awry once we left the sheltered life of Root Hall. But it was the story Dr. Murphy shared over lunch that day that remains most deeply embedded in my mind as the ultimate cautionary tale. That was the story of Dr. No Pants. Suffice it to say, Dr. No Pants exercised very poor judgment, so much so that he garnered the unfortunate moniker "Dr. No Pants," at least among the Drs. Murphy. While I'd like to think that I would never have made some of the decisions that Dr. No Pants made, the larger lessons learned from this unfortunate tale have nonetheless left their impression on me as to how to comport oneself in a manner befitting a clinical psychologist. For this, I am continually grateful.

There are many pictures from Dr. Murphy's retirement celebration posted on the **ISU Psy.D. Graduates** Facebook page.

Thanks to the contributions from many of you, we were able to raise almost \$3,000 for the Michael J. Murphy Travel Scholarship. Current students will be able to apply for funds from the scholarship to travel to professional meetings and conferences, with preference given to students that are presenting research and/or attending the event in a professional role (i.e., APAGS, IPS representative).

Our plan is to continue to solicit contributions and otherwise raise money for the scholarship so that we can support travel for students for many years to come. Tax-deductible contributions to the **Michael J. Murphy Student Travel Scholarship** can be made online using the following link: <https://www.applyweb.com/public/contribute?s=isucont>

## *Changes on Campus*



*Student Recreation Center*



*Scott College of Business*



*Bayh College of Education*

We thought we'd mention a few changes on campus that might interest you. Those of you that paid a fee for the Student Recreation Center while it was being built will be happy to know that it is a beautiful facility that both ISU students and faculty use often! The College of Business and College of Education "towers" are scheduled to be demolished in the next year or so. The Bayh College of Education is now in the remodeled former "lab school" across the street from Root Hall. The Scott College of Business is now located in the former federal building on Cherry and 7<sup>th</sup> (across from the College of Technology).



## ***Contemplative Garden in Southwest Courtyard of Root Hall***

***Dr. Kristeller, in partnership with ISU, the Center for the Study of Health, Religion and Spirituality, and the ISU Foundation, has initiated the development of a contemplative garden in the courtyard area next to Root Hall. Dr. Kristeller has been working closely with Stephanie Krull, one of ISU's landscape architects, on the development and implementation of the design over the last year. The ground-breaking ceremony was in the spring of 2013 and the garden is anticipated to be completed by fall of 2013. The garden will include several stone benches, a walking meditation path, stones inscribed with contemplative sayings, and a fountain. A number of donations have been received to support the creation of the garden. Further donations are very welcome; please contact Jean Kristeller at [JKristeller@indstate.edu](mailto:JKristeller@indstate.edu) or Jack Fox at the ISU Foundation at [jfox@indstatefoundation.org](mailto:jfox@indstatefoundation.org) if you'd like to contribute to the final stages of development of this special space.***



***Pictures from ground-breaking ceremony***



***July 2013 pictures of the garden***

## News about Our Graduates



May 2013 Graduates



December 2002 Graduates

**Lastly, some information about our graduates that some of you may not have heard about yet. (Class information refers to the year the individual entered the program).**

- Awen Knowles (class of 2004) and her husband are expecting their second child.
- Gretchen Noble (class of 2004) and Ashley Noble (class of 2001) are the proud parents of a baby boy, Lincoln Noble, born April 2013.
- Karen (Elliot) White (class of 2004) and Josh White (class of 2004) welcomed their first child, Charlotte Lee White, on 6/13/13, just in time for Father's Day!
- Brandy Herriott-Speck (class of 2007) and her husband Adam Speck are expecting their first child.
- Olivia Leverich (class of 2001) is expected her first child, a girl.
- Samantha (Thibodeau) Dreyer(class of 2000) and her husband welcomed their second son, Philippe.
- Andrea Knowles (class of 2008) has accepted a post-doctoral position, working with an ISU Psy.D. alumna, Olivia Leverich (2001 class) at Harbor Behavioral Healthcare in Toledo, Ohio.
- Carina Iati (Class (class of 2009) has accepted a post-doctoral position at Emory Med School, starting in August 2013.
- Maria Riccardi (class of 2006) has accepted a position at St. Cloud Hospital Child & Adolescent Behavioral Health in St. Cloud, MN.
- Tim Neary (class of 2009) has accepted a post-doctoral position at Kaiser Permanente Northwest in Salem, OR.



Centerpieces from Dr. Murphy's retirement celebration featured pictures of past and present students.