

**COLLEGE OF HEALTH AND HUMAN SERVICES** 

## **MASTER'S DEGREE - PHYSICIAN ASSISTANT STUDIES**

## What PANCE preparation study resources did you utilize for success?



Terra Kinney, PA-C Class of 2020

"I used so many resources! I'll tell you just a few of my favorites."



Krystal Li, PA-C Class of 2020

"Studying for the PANCE really begins in the clinical year, so I tried to do well on the EORs because I knew it would be easier down the road."

1) Best All Around Resource: Rosh Review - I feel doing tons of questions was the best prep, and Rosh questions are my absolute favorite! They give thorough explanations and additional info that help to solidify important concepts. The PANCE Power Packs were easier than the PANCE, but were great questions to go through quickly and helped me remember some word associations. The PANCE Mock Blocks were more difficult than the PANCE, but still good practice.

- 2) Best Practice Exam: All Things PA-C I felt this exam was the most on par with the PANCE questions. It's nice to be able to sit down and take a full 300-question exam for practice to be able to see how it will feel on test day.
- 3) Best Education: Hippo Ed I watched every single video they have for PANCE studying. Their videos explain concepts in enough detail, but are also fairly concise. They give hints on things that have been on PANCE exams in the past. You can also watch the videos at 2x speed

Terra is a physician assistant with plans for a career in family medicine.



I would have to say the primary materials I used to prepare for the PANCE was ROSH Review and HIPPO. I also used my research month to go through all of the PANCE blueprint material. While that does seem daunting, HIPPO and Medgeeks have useful study outlines that help organize your study time and make it more efficient.

After scheduling my PANCE, I had a clearer picture of the time frame I had, so I looked at my second PACKRAT! I took the percentile I got right in each section and ranked it from lowest to highest and I focused on my weak areas first. I also made note of how many questions in each section will be on the PANCE in order to get a better idea of how long I should review each section. Studying mostly consisted of a lot of practice questions and referring to my PANCE Prep Pearl book if I needed too. I increased the number of practice questions I did each days as I got closer to my exam date.

I also took a four-day board review course about six weeks before my exam to identify any other weak areas that I have not reviewed. I took their practice exams and compared scores from my PACKRAT to identify any inconsistencies. For example, based on that information, I saw I was consistently scoring lower in the GI system/nutrition section. I adjusted my focus and continued with my study technique. About two weeks before my exam, I took the NCCPA practice tests to get a better idea of how I was doing. While it is a shortened version of the real test, I did notice a big improvement in my weaker areas!

Finally, I would have to say that my classmates were also very crucial. I have loved my class for how well we got along, shared study material, and gave advice on how to improve. We encouraged each other and cheered each other along as we got closer to our test dates and then when we started passing the PANCE. I am proud of my classmates, and I don't think I would have done as well in school without them.

Krystal is a physician assistant working in an urgent care setting. She's also helping out in her community by doing remote COVID-19 testing part-time.