

# Recreational Therapy



## Kinesiology, Recreation, and Sport

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Students are the core of our program's mission. To achieve that mission we work closely with you to ensure you receive a high quality and relevant education from a faculty who is engaged in the profession. We are also committed to helping you locate and secure valuable hands-on professional development experiences and an internship with a Certified Therapeutic Recreation Specialist (CTRS), so you are ready to sit for the National Certification Exam.



Recreational Therapy students at ISU have many opportunities to attend workshops, travel to RT sites in the region to meet and observe professionals in action, as well as having them visit you in the classroom. The program has numerous classes that put our learning into action with students right in the middle of it!



Many good paying jobs are available all across the U.S. and in other countries working in the following settings:

- Residential programs for adolescents
- Long-term services for older adults
- Mental Health clinics & hospitals
- Pediatric hospitals
- Phys. Medicine & Rehabilitation
- Oncology
- Drug & Alcohol Rehabilitation
- Community based recreation for persons with disabilities
- Adventure therapy programs

When you have a degree in Recreational Therapy, you can pursue a variety of fun and rewarding careers:

- Help troubled youth improve their self-concept through success.
- Provide a person with a disability ways to live a healthier life.
- Teach people in mental health settings improved coping skills.
- Use relaxation techniques to help people reduce the stress in their lives.
- Help a person after an accident get back to an activity that they enjoy.
- Use gardening to instill a sense of purpose in an older person's life.

