

Meet the Presenters



Kevin Jordan, Ph.D., HSPP, is an assistant professor of psychology at Indiana State University. He earned his Bachelor's degree from the University of Notre Dame in history and theology. He attended Brigham Young University for two years and

then transferred to the University of Utah where he earned his master's degree in psychology and doctoral degree in clinical psychology. After post-doctoral training in primary care psychology at the University of Mississippi Medical Center, he joined the faculty at ISU where he teaches, supervises clinical psychology doctoral students, and conducts research. Furthermore, he has a small part-time practice at the Psychology Clinic at ISU, and his practice focuses on the evaluation and treatment of patients with a variety of presenting concerns. In addition to his expertise in health psychology, he is interested in the interpersonal perspective of clinical, social, and personality psychology and how this perspective can inform research and treatment.



Amber Cadick, PhD, HSPP is the Behavioral Health Faculty Member for the Union Hospital Family Medicine Residency Program. She earned a Bachelor's in Biology with a Minor in Psychology from Indiana State University. She then earned her Master's and Doctorate Degree in Counseling Psychology from Indiana State University. Dr. Cadick began

her career at the Illiana VA Health Care System where she served on the Polytrauma/Traumatic Brain Injury Team and treated veterans with Post Traumatic Stress Disorder. She also served as the Health Behavior Coordinator providing brief interventions to veterans in a primary care setting and training primary care staff in health behavior coaching and motivational interviewing. For the last 5 years, Dr. Cadick has worked with the Family Medicine Residency Program at Union, training Family Medicine Physicians in mental health concerns and communication skills.

**HAMILTON CENTER, INC.,
AND INDIANA STATE
UNIVERSITY
DEPARTMENTS OF SOCIAL
WORK, PSYCHOLOGY, AND
THE CONTINUING NURSING
EDUCATION PROGRAM**

PRESENTS

**Cognitive Behavioral
Therapy for Insomnia
(CBT-I)**

By
Kevin Jordan, Ph.D., HSPP

And

**Brief Interventions in
Primary Care**

By
Amber Cadick, Ph.D., HSPP

**October 5, 2018
(Friday)
8:30 - 4:30 PM**

Location:
**Landsbaum Center
For Health Education
1433 N 6 1/2 Street,
Terre Haute, IN 47807**

LEARNING OBJECTIVES

Participants will be able to:
Cognitive Behavioral therapy for
Insomnia (CBT-I) with Dr. Jordan—

1. Demonstrate an understanding of various sleep disorders, in particular, insomnia
2. Understand predisposing factors of insomnia
3. Understand how insomnia develops
4. Understand how insomnia is maintained
5. Apply their understanding of how insomnia is maintained to treatment approaches, in particular, cognitive behavior treatment for insomnia

Brief Interventions in Primary Care with
Dr. Cadick—

1. Understand how mental health and primary care intertwine
2. Identify problems that could benefit from brief intervention
3. Organize the patient interview to fit the brief intervention model
4. Describe 4 interventions that can be utilized in the brief intervention model

SCHEDULE

8:00 am—8:30 am , Registration
8:30 am—11:45 am, Dr. Jordan “CBT- I”
11:45 am—1:15 pm, Lunch on your own
1:15 pm—4:30 pm, Dr. Cadick “Brief
Intervention”

CONTINUING EDUCATION

Attendance for the morning and/or afternoon sessions and a completed evaluation form are necessary to receive continuing education credit.

You must arrive on time and stay for the entire session to receive a certificate of attendance. The presenters will issue CEU's. Attendees needing CEUs will receive them via email following the conference.

3 hours per session of CE Credit Hours Category I, is approved for:

- ⇒ L.S.W., L.C.S.W., L.M.F.T., L.M.H.C., LAC, LCAC
- ⇒ Psychologists
- ⇒ Continuing Nursing Education credits will be awarded. The Continuing Nursing Education Program, School of Nursing, College of Health and Human Services is accredited as a provider of continuing nursing education by the ANCC's Commission on Accreditation.

DIRECTIONS

From I-70 and Hwy 41 intersection in Terre Haute, go North on Hwy 41 (3rd St.) approximately 4 miles to Eighth Ave. Turn right (East) & go 3 blocks to 6 ½ Street. Turn right (South) onto 6 ½ Street.

The Landsbaum Center is the second building on the left side of the street as you go South. Please park in the lot that is South of the Center. For a map please go to <http://www.lugarcenter.org/>

IMPORTANT NOTES

This session is intended for masters and doctoral level practitioners and students.

REGISTRATION

- Attendee\$150.00
- Non-ISU Student with ID\$25.00
- Past ISU Social Work Field Instructor\$25.00
- ISU Employee\$25.00
- Current ISU Dept. of Social Work Field InstructorFree
- ISU Student with IDFree
- Hamilton Center Employee....Free

Send checks to Conference Contact (below), Credit Card payments available via the registration link below

All payments are non-refundable*

Registrations only taken through the following online link
(to be included)

https://indstate.qualtrics.com/jfe/form/SV_4NSuVz6oz3R7dxb

Registration will close when the venue is at capacity or one week prior to the event.

Conference Contact

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“conference” as subject