

Family & Youth Schedule

	Age 14-17	Under the age of 14
Family/ Youth Building Schedule	<p>Fall/Spring: Sat. 9am-5pm Sun. 12pm-5pm</p> <p>Summer: Mon.-Fri. 6am-8pm Sat. 8am-4pm Sun. CLOSED</p>	Same as age 14-17
Pool	<p>Fall/Spring: Sat. 9am-5pm Sun. 12pm-5pm</p> <p>Summer: Mon.-Fri. 1p-7:30pm Sat. 11am-3:30pm Sun. CLOSED</p>	<p>-Newborn to 8 years old, and any age child wearing a floatation device, must be directly accompanied and supervised in the water by an adult.</p> <p>-9-11 years old must have an adult present in the natatorium.</p>
Cardio Equipment/Weight Machines	Must have an accompanying parent/guardian in the building and can only access during "Family Hours"	CANNOT ACCESS
Free Weights	Must have an accompanying parent/guardian in the building and can only access during "Family Hours"	CANNOT ACCESS
Track	Must have an accompanying parent/guardian in the building and can only access during "Family Hours"	CANNOT ACCESS
Gym/Mac Court	Must have an accompanying parent/guardian in the building and can only access during "Family Hours"	Must have an accompanying parent/guardian with you at all times and can only access during "Family Hours"
Locker Rooms & Family Changing Rooms		Family changing rooms are available for any age. Age 4 and above must use gender specific locker room or family changing room