The New SafeZone Program - Safe Zone Levels

This program creates ongoing educational experiences between Safe Zone members and the Indiana State community that encourage student, faculty, and staff to explore cultural identity, values, and stereotypes in order to better understand how these issues impact the greater community. The Safe Zone program is offered through three levels:

**Level 1 - Safe Zone 101** - This training is designed to introduce participants to the experiences of lesbian, gay, bisexual, transgender and questioning (LGBTQ) people. Safe Zone 101 will introduce terminology, ribbons, and symbols related to sexual orientation and gender identity, address bullying, homophobia and heterosexism, and dispel myths and misunderstandings about lesbian, gay, bisexual and transgender identities and communities. This level of training is required for those that have attended no Safe Zone training. It is a prerequisite for Levels 2 and 3 workshops. Those wishing to become Certified Sycamore Safe Zone Facilitators must complete training in all three levels.

**Level 2 - Sycamore Ally** - This level of training is designed for participants who have completed level one of the Safe Zone training workshop at ISU or another university or college within the last year. This level provides participants with information that will help them become better informed allies for the LGBTQ community. Facilitators assume that participants come with a basic understanding of terminology, meanings of ribbons, symbols, and flags related to sexual orientation and gender identity, and can address homophobia and heterosexism, and dispel myths and misunderstandings. This level will include a discussion of historic and current issues facing LGBTQ people, the concepts of heterosexism, homophobia, and cisgender privilege. The introduction of identity development models will be introduced at this level.

**Level 3 - Sycamore Advocates** - Advanced Safe Zone trainings are designed for participants who have completed Safe Zone 101 and Sycamore Ally portions of Safe Zone. They provide participants with a deeper understanding of specific target topics and identities. One purpose of these workshops is to allow for guided discussion and advanced critical thinking on how our university can continue to be a safe space for the LGBTQ community and what participants can do to become stronger allies and advocates.