2014-2015 Webinars

A sense of security: **Simon Sinek: Why Good Leaders Make You Feel Safe**

http://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Simon Sinek speaks of a “circle of safety”. Give a few examples of how you as an AmeriCorps member play a role in a circle of safety at your host site.
- In your opinion, what qualities does a good leader possess to make others feel safe?

When times are tough: **Diana Nyad: Never, Ever Give Up**

http://www.ted.com/talks/diana_nyad_never_ever_give_up

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Tell about a time that you had to try and try again at something. What obstacles did you face?
- When you see someone who lives life in a bold way, what traits of theirs do you tend to follow?

Happiness and Appreciation: **David Steindl-Rast: Want to be Happy, Be Grateful**

http://www.ted.com/talks/david_steindl_rast_want_to_be_happy_be_grateful

Please write a two page response to this webinar. Here are some prompts to guide your response.

- How do you connect happiness and gratefulness?
- How do you bring happiness to others?
- What brings happiness to you?
Using what you have: **Tania Lunia: How a Penny Made Me Feel like a Millionaire**

http://www.ted.com/talks/tania_luna_how_a_penny_made_me_feel_like_a_millionaire

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Have you witnessed something that seemed so small to you but meant more to someone else? How did that change your perspective of the small act?
- Do you feel like Terre Haute offers safe places that make people feel like a millionaire?
- Tania tells a story about being captivated by these moments with the pizza and the stuffed animals, and the penny she found. Talk about a time when you did not know any better but thought what you had was worth so much?

One small act of kindness: **Drew Dudley: Everyday Leadership**

http://www.ted.com/talks/drew_dudley_everyday_leadership

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Do you consider yourself a leader? Why or why not?
- Discuss a time that you had a “lollipop moment.”
- How has someone changed your understanding of the world? How has that impacted you since then?

How the workforce and gender roles can affect female leadership: **Sheryl Sandberg: Why we have too few women leaders**

http://www.ted.com/talks/sheryl_sandberg_why_we_have_too_few_women_leaders?embed=true

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Sheryl makes a point, “Men attribute success to themselves and women attribute success to luck.” What do you attribute to your success? Does it match or differ from Sheryl’s point?
- Although there has been progress in the workplace, inequality (racial, gender, sexual orientation, etc) still exists. You will recruit and supervise volunteers from diverse backgrounds, how can you improve the inequality issue in your leadership role?
- Describe a time that you stood back and didn’t ask questions or voice your opinion. Looking back what would you do differently?
Stress can save your life: Kelly McGonigal: How to make stress your friend

http://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- What are your biggest stressors?
- How do you typically react to stress?
- How do you de-stress or handle a stressful situation?
- Who do you go to when you are stressed?
- What rewards do you get or feel from serving?

Getting powerful: Amy Cuddy: Your body language shapes who you are

http://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- What is your typical role in a group setting? Why do you think you automatically fall into that position?
- How could you get out of that comfort zone and take on a different role? ie If you’re a leader, how to be better at listening or following. If you prefer to sit back, how can you become more engaged or a leader?
- Describe a time that you felt like you didn’t belong and how you overcame that feeling.
- After watching this talk, what is something that you would like to tweak to your body language that will help you fake until you become it?
Learning from your elders: Jared Diamond: How societies can grow old better

http://www.ted.com/talks/jared_diamond_how_societies_can_grow_old_better

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- The speaker talks about societies neglecting older members of the community because they are perceived to provide little value. He argues that older people do have some usefulness. To relate this to your life, when working in groups there is usually a member that slacks off. Typically the weight of their work is put onto the other group members. How can you engage a slacking group member and find their strength to help the group?
- Where do you see yourself in a year? Where do you see yourself in five years? Where do you see yourself in ten years? How will you ensure that you achieve these aspirations?
- What are some words of wisdom that you have been given by someone older than you?
- With new technology connecting us, do you think millennials are better or worse at communicating with others in social settings?

The pursuit of happiness: Nancy Etcoff: Happiness and its surprises

http://www.ted.com/talks/nancy_etcoff_on_happiness_and_why_we_want_it

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- What makes you happy?
- Nancy says there is a 5:1 ratio for happiness. For one negative remark, five positive remarks must be made to go back to normal. Describe a time you or a supervisor has demonstrated this ratio. (examples: during an evaluation, confronting a friend/break-up)
- Talk about a recent time that you helped someone and felt happier after doing so.
- If you could only save one possession of yours, what would it be and why?
Knowledge is power: Paul Bloom: Can prejudice ever be a good thing?

http://www.ted.com/talks/paul_bloom_can_prejudice-ever-be-a-good_thing

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Paul says that we practice prejudice without even thinking about it. Think back to your first day at your site. In the beginning, how did you interact with your supervisor or the people you were helping? How has that changed now? Did you stereotype or have a biased judgment when you first arrived?
- What kind of groups do you belong to? Do these groups share similar interests or members? Why do you think that is?
- How could you expand your circle of friends or expose yourself to a different culture or perspective?
- How have the individual stories you’ve learned about changed your perspective after serving?

Acceptance: Andrew Soloman: Love, no matter what

http://www.ted.com/playlists/153/the-autism_spectrum

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Andrew says we gain identity vertically from our parents (ethnicity, religion, etc) and horizontally from our peers. What are some things you have gained horizontally from your peers?
- What’s a lesson you have learned from a stranger or someone you have met while serving?
- What makes you different? Have you always accepted your uniqueness? If not, what did you do to accept it?
Don’t judge a book by its review: **Shaka Senghor: Why your worst deeds don’t define you**

http://www.ted.com/talks/shaka_senghor_why_your_worst_deeds_don_t_define_you

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

  o  Describe a time that you judged someone upon first meeting and they surprised you after getting to know them.
  o  Talk about something from your past that has defined you, positively or negatively, and how that affects your decisions or mindset.
  o  Who do you turn to when you have trouble or difficulties?
  o  What difference have you noticed in yourself when you perceive others? Can you see any differences in how you’ve changed compared to old friends?

**The Impact of a Little Idea:** Frank Warren: Half a Million Secrets

https://www.ted.com/talks/frank_warren_half_a_million_secrets#t-459457

Please write a two page response to this webinar. Here are some prompts to guide your response.

  o  How has Frank’s little idea morphed into something beyond he ever imagined?
  o  It what way is it helpful to share secrets with one another? Have you ever shared a secret and felt better after you were no longer hiding it?
  o  Give an example of a time a little thing in your life turned into something bigger and better.

**Determination** Angela Lee Duckworth: The Key to Success? Grit.

https://www.ted.com/talks/angela_lee_duckworth_the_key_to_success_grit#t-124543

Please write a two page response to this webinar. Here are some prompts to guide your response.

  o  What is grit? Expand further than just what you hear in the video.
  o  What is the “growth mindset”? Is it related to IQ?
  o  Do you agree with Angela that IQ does not determine success in the classroom? Why or why not?
  o  Do IQ levels contribute to levels of success in areas outside of the classroom?
Disabilities

Maysoon Zayid: I got 99 Problems... Palsy is Just One

https://www.ted.com/talks/maysoon_zayid_i_got_99_problems_palsy_is_just_one#t-310664

Please write a two page response to this webinar. Here are some prompts to guide your response.

- What comes to mind when you hear the word 'disability'?
- What can able-bodied people learn from disabled people?
- In what ways does social media foster hatred towards disabled people and other minorities?
- Maysoon approaches her disability with a sense of humor. In what ways can you approach some of your daily challenges with a sense of humor?

Our Future Selves

Dan Gilbert: The Psychology of Your Future Self

https://www.ted.com/talks/dan_gilbert_you_are_always_changing

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Do you think that you are a different person today than you were ten years ago? What about five years ago? Will you change dramatically in the next five years?
- How have your values, hobbies, friends etc. changed in the last five to ten years?
- What are some major experiences in your life that have helped to shape you into the person you are today?

Filter Bubble

Eli Pariser: Beware Online “Filter Bubble”

https://www.ted.com/talks/eli_pariser_beware_online_filter_bubbles

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Have you noticed your facebook newsfeed being tailored so that you see your ‘favorite’ friends more often than others?
- Do you feel that you have easy access to variety of world news? Why or why not?
- Does the thought of a personalized newsfeed bother you? Why or why not?
- What may be harmful about ‘filter bubbles’? Are they ethical?
**Disagreeing** Margaret Heffernan: Dare to Disagree

[https://www.ted.com/talks/margaret_heffernan_dare_to_disagree](https://www.ted.com/talks/margaret_heffernan_dare_to_disagree)

Please write a two page response to this webinar. Here are some prompts to guide your response.

- Do you see conflict as a negative thing? Why or why not? Can it be positive sometimes and negative at others? What is the difference?
- Have you ever experienced constructive conflict?
- What are some good things that can come from conflict?
- Have you ever stayed quiet instead of speaking up because you didn't want to express an opinion different from the popular one? Reflect on it.

**Stealing Ideas** Kirby Ferguson: Embrace the Remix

[http://www.ted.com/talks/kirby_ferguson_embrace_the_remix#t-92860](http://www.ted.com/talks/kirby_ferguson_embrace_the_remix#t-92860)

Please write a two page response to this webinar. Here are some prompts to guide your response.

- It has been proven that Bob Dylan "copied" older songs, modifying them and making them his own. Do you think this is a bad thing? Why or why not?
- Woody Guthrie is quoted in this video as saying “the words are the important thing. Don’t worry about the tunes. Take a tune, sing high when they sing low, sing fast when they sing slow, and you’ve got a new tune.” Do you agree with him? Why or why not?
- What if someone took one of your ideas, modified, and called it their own? Would you be angry? Why or why not?
- Do you agree that our creativity comes from without, not from within? If you do agree, is it still possible from someone to steal an idea? What is the difference between stealing an idea and making it your own?
Leadership: **Stanley McChrystal: Listen, learn...then lead**


Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- How does a leader stay credible and legitimate when they have not done what the people you are leading are doing or have experienced?
- Do you feel that you can relate to the people that you work with even though you may have not had the same experience as them?
- Stanley McCrystal states “A leader isn’t good because they are right; they are good because they’re willing to learn and trust”. Do you feel that as a leader you possess these qualities?
- Share an experience where you have had to listen and learn before you could lead.

Healthcare: **Rebecca Onie: What if our Healthcare System kept us Healthy**

http://www.ted.com/talks/rebecca_onie_what_if_our_healthcare_system_kept_us_healthy

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- How do you feel the health care system can benefit from a system like this?
- Do you find that with your clients at your sites that there are signs that they are lacking basic necessities?
- How do you think this affects their daily lives?
- How can you as an AmeriCorps member help to improve the lives of your clients?

Youth: **Ann Cooper: What’s wrong with school lunches**

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- How do you feel that healthier lunches would benefit the children you work with at your site?
- Do you think that school systems here would be able to afford the things that Ann Cooper is doing at her school system?
- Do you think there is a solution to the obesity issue in youth today?
- How can you at your site help to make your children be more aware of what they eat?

What would it be like: **Becky Blanton: The Year I was Homeless**

[http://www.ted.com/talks/becky_blanton_the_year_i_was_homeless](http://www.ted.com/talks/becky_blanton_the_year_i_was_homeless)

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Do you feel that Terre Haute has a large population of homeless people?
- Do you feel that there are resources available for those who are homeless? What are some of these places?
- How can Terre Haute as a community go about addressing homelessness?
- Put yourself in homeless person’s shoes and describe how this would affect other areas in your life such as school, relationships, and your work life. What would be some of the challenges?

Encouraging creativity: **Sir Ken Robinson: How do Schools Suffocate Creativity?**
http://www.npr.org/2012/06/22/155225161/how-do-schools-suffocate-creativity

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Do you find some of these issues working with children at your sites?
- How might changing the education system help to improve their education?
- What are some things that you find children are interested in that could turn into a future career that is not traditional?
- Do agree with this podcast? If so why? If no, why not?

New Trends in Education: Daphne Koller: What we’re learning from online education

http://www.ted.com/talks/daphne_koller_what_we_re_learning_from_online_education.html

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- How do you feel about online education?
- What are some positive and negative aspects of online education?
- Do you feel education should be free?
- What impact (positive or negative) do you see online education having on the existing education system?
- Do you think your community would benefit from a similar online education program? How and why?

Going Green: Stephan Ritz: A teacher growing green in the South Bronx
Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- What are the benefits of growing your own food?
- Outside of learning how to grow food and plants, what other skills might someone gain from participating in a similar program?
- How do you think a program like “Green Bronx Machine” would impact your community?
- Do you think a program like this would be successful in a smaller community like Terre Haute? How would you get people involved?

The impact of social media: **Sherry Turkle: Connected, but alone?**

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Do you think social media impacts human connection and communication positively or negatively? How and why?
- Do you think social media has changed the way you interact with friends & families? If so, how and why?
- Do you think social media affects how people think about themselves and how they feel about their environment?
- Does social media/internet create isolation?
- Do you think social media does more harm or good? Why?
The New Phone Hot Lines: Nancy Lublin: Texting that saves lives
http://www.ted.com/talks/nancy_lublin_texting_that_saves_lives.html

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Do you think texting is a successful form of communication?
- Do you think a similar program could help social issues in your community? How and why?
- Is texting more harmful or helpful to young people?
- How would you promote a similar program in your community? Do you think people in your community would use such a program?

Becoming an active leader: Natalie Warne: Being young and making an impact
http://www.ted.com/talks/natalie_warne_being_young_and_making_an_impact.html

Please write a two page response to this Webinar. Here are some prompts you can address in your response.

- Do you consider yourself a leader? Why or why not?
- What impact do you think young people can have on their community by taking more active leadership roles?
- How can you help other young people discover their voices and help their communities through service and leadership?
- Think of a social issue that you feel impacts your community. How can you influence change through taking on leadership roles.