

## American Red Cross Courses

Participant's Name: \_\_\_\_\_

Phone: (1) \_\_\_\_\_ (2) \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

991: \_\_\_\_\_

**Please Select Desired Class and Corresponding Date:**

**\*\*\*email [chelsea.dolly@indstate.edu](mailto:chelsea.dolly@indstate.edu) to schedule prerequisites prior to in-person sessions\*\*\***

**\_\_\_ Lifeguard Training Full Course**

\$175/ISU Student; \$185/non-ISU Student; \$39 SRC Employee

Total Number of Participants: \_\_\_\_\_ Total Cost: \_\_\_\_\_

**Prerequisites:**

- Must be at least 15yrs of age by the last day of the class.
- Complete 300yd swim
- Surface dive 10lb brick retrieval
- Complete 2-minute water tread (no hands)
- All prerequisites must BEFORE start of each class

Option 1: 3/27/22 – 3/31/22 from 9am – 12:30pm each day

Option 2: 4/3, 4/5, 4/10, 4/12, 4/17, 4/19, 4/24 and 4/26  
From 6:30pm – 9:00pm each evening

Option 3: 5/8, 5/9, 5/10, 5/15, 5/16, 5/17, 5/22 and 5/23  
From 6:30pm – 9:00pm each evening

**\*MUST ATTEND EVERY DAY OF CHOSEN CLASS\***

**\_\_\_ Lifeguard Training Re-certification Course**

\$108/ISU Student; \$118; non-ISU Student; \$39 SRC Employee

Total Number of Participants: \_\_\_\_\_ Total Cost: \_\_\_\_\_

**Prerequisites:**

- Must hold current lifeguard certification or expired within the last 30 days of class.
- Must be at least 15yrs of age by the last day of the class.
- Complete 300yd swim
- Surface dive 10lb brick retrieval
- Complete 2-minute water tread (no hands)

5/13 and 5/14 from 8:30am – 1:30pm each day

**\*MUST ATTEND BOTH CLASS DAYS AND TIMES\***

### **Medical Consent**

"As a guest of the Student Recreation Center, I hereby agree to use the facilities in accordance with the rules and regulations of the Department of Recreational Sports. I also agree to use the equipment in a responsible manner and to hold harmless from liability Indiana State University, as well as its trustees, agents, employees, and for any injury incurred while using any ISU Recreational Sports Facilities and/or Programs."

\_\_\_\_\_  
Participant's Name (Print)

\_\_\_\_\_  
Parent/Guardian of Participant (Printed)

\_\_\_\_\_  
Participant's Signature and Date

\_\_\_\_\_  
Parent/Guardian's Signature and Date

### **Campus Recreation Student Employee Consent Section**

"I am aware and consent that I will attend the specified class above for the discounted fee. Failure to do so will result in paying the remaining of the full course fee to attend the next available class."

\_\_\_\_\_  
Student Employee's Name (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Employee's Signature

\_\_\_\_\_  
Position (Ex. Lifeguard)

<b>Office Use Only</b>			
Payment Method (Circle):	Cash	Check	Credit Card
Total Fee: _____	Invoice Number: _____		
Registration Taken By: _____			

**Course Descriptions:** \*All courses are Blended Learning, requiring the study portion to be completed online before attending the class. Website links will be emailed prior to the class.

### **Lifeguard Certification**

- At the American Red Cross, our water safety and lifeguarding courses are designed and taught by industry-leading professionals who can help you not only help others stay safe in, on, and around the water, but can help you learn the latest safety and rescue techniques, and deliver critical care, like CPR, first aid, and AED administration, when it's needed most. And although every class varies, each will cover a variety of important skills that can not only help you stay safe and help others enjoy the water safely, but can help you begin, or advance, your career.

\*\*Any pictures taken during the course/s are property of Indiana State University Campus Recreation\*\*

Updated 12/1/22