



Sept. 13, 2018

Dear Group X Participants,

Thank you for being such active and valuable participants of the Indiana State Campus Recreation Group Exercise program. We genuinely enjoy having you in classes each week. To make group exercise classes enjoyable and accessible to all patrons of the SRC, we wanted to remind you of some policies and procedures that ensure safety for all:

- Patrons will receive passes for the group exercise class 15 minutes prior to the start of class. Passes are handed out on a first come first serve basis from our Fitness Specialists. Once the maximum number of passes has been handed out, no more patrons will be allowed into the class. Patrons must be present to receive their pass (i.e. you may not get a pass for your friend that is coming late). The maximum number of participants in each class has been set based on the amount of equipment and safety for the instructor and all patrons.
- Patrons will NOT be allowed into the class if they are more than 5 minutes late. This is due to safety and the respect of the instructor and all other class participants. If you are more than 5 minutes late, you have already missed the set up, instructions and warm up to the class and are at serious risk of injury.

We strive to make group exercise a safe, inviting and fun environment for all by adhering to these policies. We thank you for your cooperation and look forward to seeing you in classes soon!

Sincerely,

Indiana State Campus Recreation