

# Indiana State University

## Nutrition Major: Courses

### Required courses

- AHS 221 Principles of Human Nutrition
- AHS 226 Fundamentals of Foods
- AHS 322 Nutrition Intervention Methodologies
- AHS 324 Nutrition Care Process
- AHS 332 Quantity Food Production
- AHS 333 Quantity Food Production Supervised Practice
- AHS 420 Medical Nutrition Therapy I
- AHS 421 Life Cycle Nutrition
- AHS 422 Community Nutrition Supervised Practice
- AHS 423 Medical Nutrition Therapy II
- AHS 424 Medical Nutrition Therapy Supervised Practice I
- AHS 425 Community Nutrition
- AHS 430 Food Service Management Systems
- AHS 444 Public Health Administration and Policy

### Students admitted to the Accelerated Dietetics course take the graduate version of this course.

- AHS 428 Experimental Food Science
- AHS 528 Experimental Food Science

### Students admitted to the Accelerated Dietetics course take the graduate version of this course.

- AHS 458 Vitamins and Minerals
- AHS 558 Vitamins and Minerals

### Students admitted to the Accelerated Dietetics course take the graduate version of this course.

- AHS 475 Nutrition for Physical Performance
- AHS 575 Nutrition for Physical Performance

### Choose one of the following groups of courses:

- BIO 231 Human Anatomy
  - BIO 231L Human Anatomy Laboratory
- or
- ATTR 210 Human Anatomy for Allied Health Professions
  - ATTR 210L Human Anatomy for Allied Health Professions Laboratory

### Choose one of the following groups of courses:

- BIO 241 Human Physiology
  - BIO 241L Human Physiology Laboratory
- or
- PE 220 Human Physiology for Allied Health Professions

### All of the following courses:

- BIO 274 Introductory Microbiology
- BIO 274L Introductory Microbiology Laboratory
- CHEM 103 Elementary Chemistry
- CHEM 103L Elementary Chemistry Laboratory
- CHEM 104 Elementary Organic and Biochemistry
- CHEM 104L Elementary Organic and Biochemistry Laboratory
- CHEM 330 Survey of Biochemistry
- CHEM 330L Survey of Biochemistry Laboratory