

<p>IF YOU Were exposed to COVID-19 and are NOT <u>up-to-date</u> on COVID-19 vaccinations.</p> <p>NOT up-to-date includes: Fully vaccinated means a person has received their primary series of COVID-19 vaccines.</p> <p>AND</p> <p>Unvaccinated</p>	<p>Quarantine for at least 5 days</p> <p>Stay home Stay home, complete the Sycamore Health Assessment Survey, and quarantine for at least 5 full days. Wear a well-fitted mask if you must be around others in your home.</p> <p>Get tested Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p>After quarantine</p> <p>Watch for symptoms Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p>Take precautions until day 10</p> <p>Wear a mask Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p>Avoid being around people who are at high risk.</p>
<p>IF YOU Were exposed to COVID-19 and are <u>up-to-date</u> on COVID-19 vaccinations</p> <p>Up-to-date means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible.</p>	<p>No quarantine You do not need to stay home unless you develop symptoms.</p> <p>Get tested Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.</p>	<p>Watch for symptoms Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p>Take precautions until day 10</p> <p>Wear a mask Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p>Avoid being around people who are at high risk.</p>
<p>IF YOU were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)</p>	<p>No quarantine You do not need to stay home unless you develop symptoms.</p>	<p>Watch for symptoms Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.</p> <p>If you develop symptoms Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.</p>	<p>Take precautions until day 10</p> <p>Wear a mask Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.</p> <p>Avoid being around people who are at high risk.</p>

Employee Contact Tracing

Phone: 812-237-4114

Email: ISU-EmployeeContactTracing@indstate.edu

Student Contact Tracing

Phone: 812-237-3829

Email: ISU-ContactTracing@indstate.edu

Visit <https://www.indstate.edu/humanres> for COVID-19 FAQs or <https://www.indstate.edu/covid> for campus updates

Quarantine and isolation guidelines are in accordance with Vigo County Health Department and CDC recommendations and are subject to change.

March 4, 2022