Annual Membership $40 (September 2019 - August 2020)
Winter 2020 Only Membership $20 (January - April 2020)

Osher Lifelong Learning Institute at Indiana State University
Phone: 812-237-9040 Web Site: www.indstate.edu/OLLI
E-mail: olli@indstate.edu
Osher Lifelong Learning Institute is a forum for adults of all academic and economic backgrounds to learn about a wide variety of subjects they find interesting and engaging. It is through the substantial support of the Bernard Osher Foundation and Indiana State University that the Institute can offer these unique learning opportunities to residents of the Wabash Valley.

Who are OLLI at ISU Members?
The members come from many different backgrounds with one common purpose: they all want to learn. What each member wants to learn differs, of course, which is why OLLI offers an enormous range of topics. But all of the learning takes place in a setting that has no pressure. That is, without tests, grades, and prerequisites. Also, there is no required homework and every aspect of participation is voluntary! In addition, wherever members get together – in classes, for special events, or at weekly presentations—they can meet new people, enjoy casual conversations, and share their experiences and opinions.

Membership
Best of all, as one member said, “The price is right!” Membership is $40 for one year (September through August) or $20 per semester: Fall (Sept. – Dec.), Winter (Jan – April), Summer (May – August). Included with OLLI membership are all of the presentations and one free course each semester. The cost of special events and additional courses varies. (See “Membership Benefits” for more details)

Membership Benefits
When you join OLLI, you
- Become a part of a vibrant community of engaged and engaging members.
- Can attend weekly, one-hour presentations on a wide range of topics from serious to the humorous and from the vital to the frivolous. (All of these presentations are included with membership.)
- Are able to participate in local and regional day trips that explore our area’s history and natural beauty. In addition, members receive early notice of longer trips in the United States and abroad. (These trips usually have additional fees.)
- Receive weekly e-mail announcements and reminders about OLLI programs as well as community events and ISU programs.
- Have access to non-credit short courses taught by community experts as well as faculty from Indiana State, Rose-Hulman and St. Mary-of-the-Woods. The topics are often suggested by the members and include the arts, sciences, history, technology, religion, writing, local and global issues – to name only a few!

For the winter semester members receive one free course from the list below. To take advantage of this benefit, use the registration form on pages 45-46 of this guide or call the OLLI at ISU office at 812-237-9040.

- Astronomy 101
- From Tough Old Gut to the Champagne Campaign: Allied Armies in Italy and Southern France, 1943-1945
- Ellis Island the Gateway to the United States
- True Crime
- Suffrage and Labor 1913
- The Last Great Race on Earth: Iditarod
- The Shawshank Redemption: From Page to Screen
- Edgar Allan Poe: Art Imitates Life
- The Arctic and Eskimo Culture
- International Perspective: India
- Big Night
Members’ Views of OLLI

Being a member of OLLI at ISU comes with many benefits in many forms, from learning, volunteering, friendship and new experiences. OLLI has a lot to offer! Individuals get to experience a level of learning and involvement not just in our community but also in each others lives. As two members express below, OLLI is not just about learning but about people!

Few people in our community -- if any -- have been more generous with their time, talent, and treasure than Dorothy Jerse. One of the great beneficiaries of her efforts has been OLLI at ISU. Not only has she contributed financially but she also has given numerous presentations. Most recently, she inaugurated OLLI’s Fall 2019 Semester with a Wednesday program entitled “Change.” After hearing Dorothy speak that day, Patrick Harkins wrote a poem in her honor. (Please note that Dorothy was wearing a black and white jacket at the time which Patrick references at the beginning of the poem.)

_The Elder Speaks Wisdom We Need to Hear_
by Patrick Harkins
(In Honor of Dorothy Weinz Jerse, September 4, 2019)
Looking younger than her age the eldest
rules as if ermine draped her neck and breast.
In hand imaginary orb and scepter,
symbols of why she commands our honor.
She talks of change with a wise compassion
missing in the whirr of enmity spun
with the venom of asps slithering in
obliquity and moral confusion.
Listeners agree with nodding heads who
have seen parabolas of red and blue
rise and fall, yet still believe that the vox
populi will not falter on the rocks
of tyranny — truths learned when schools still taught
the rising and falling of schools of thought.
She implies with subtle aplomb that she
has felt the destructive force of cruelty
that harrowed her and others who suffered deep
in silence that women were expected to keep.
She holds for us a hope that transcends sorrow
without verses about the sweet morrow
that will come. Like the jar in Tennessee
she takes dominion everywhere. We
applaud our thanks for her gentle modesty,
for truth, for goodness, and for humility.)
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Why Donate to OLLI

Why OLLI Members Give
“Supporting OLLI is important, adventuresome, and educational for me, now that I am retired. I can attend Wednesday presentations, and many of the courses offered. There are courses or programs offered throughout the week. OLLI lets me get out of the city and now I am heading to Egypt, WOW! I am learning things I would have never thought possible, China, Indigenous Peoples of the Amazon, real crime cases with our local police, glass blowing, theater, and literature from around the world. Please consider joining and supporting OLLI, you will not regret it!” --Elizabeth Garland

“OLLI is one of the best things about Terre Haute. The classes & lectures are stimulating and relevant to present times. The trips are fun & provide opportunities to meet new friends & the cultural events are as good as one can have in a larger city. I love and support OLLI because my life is richer because of it.” — Rebecca Graves

The OLLI Annual Fund – Why Is It Needed?
Membership fees cover only a portion of the amount OLLI needs to operate. Your contribution means that yearly membership dues can be kept low as we continue to bring you the high-quality educational program you’ve come to expect from OLLI. The annual fund accounts for 7% of the overall budget, and plays an important role in keeping the budget in balance. In addition, it meets a key requirement of our endowment from the Bernard Osher Foundation that we engage in fundraising efforts each year.

The Perfect Time to Give
Our heartfelt thanks to all of you who have given so generously in response to our 2018-2019 fundraising efforts. For those still considering a gift, we would like to challenge you to make the same investment in OLLI that other OLLI members have done by asking you to contribute to the institute that has become a large part of the lives of individuals in our community. Our goal is to raise $20,000 by August 1, 2020 with fifty percent of our membership contributing.

Giving Levels
Pathfinder: $1000 and Up
Achiever: $500-$999
Supporter: $100-$499

Thank You for Your Generous Donation to OLLI at ISU
Pathfinder
Sherry Dailey

Achiever
James & Tonya Dickey
Lata Ganatra
Deanna & Elmer Guerri
Judy Hatch
Dorothy Jerse

Questions? Please don’t hesitate to contact Michelle Bennett at michelle.bennett@indstate.edu or 812-237-2336.
**OLLI Winter 2020**

**Schedule-at-a-Glance**

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**OLLI Courses** (*Available for Free Class Offer)*

**Water Aerobics**
- Tuesdays & Thursdays from 9:30 - 10:30 AM
  - Session 1: January 14, 16, 21, 23, 28, 30 & February 4
  - Session 2: February 6, 11, 13, 18, 20, 25, 27
  - Session 3: March 3, 5, 10, 12, 17, 19, 31
  - Session 4: April 2, 7, 9, 14, 16, 21, 23

* Astronomy 101
  - Tuesdays, January 14, 21, & 28 from 2 - 3:30 PM

* From Tough Old Gut to the Champagne Campaign: Allied Armies in Italy and Southern France, 1943-1945
  - Mondays, January 27, February 3 & 10 from 2 - 4 PM

* Ellis Island the Gateway to the United States
  - Tuesdays, February 4, 11, & 18 from 2 - 4 PM

* True Crime
  - Thursdays, February 6 & 13 from 2 - 4 PM

* Suffrage and Labor 1913
  - Mondays, Wednesdays, & Fridays, February 10 - March 2 from 9 - 9:50 AM

* The Last Great Race on Earth: Iditarod
  - Mondays, February 17 & 24 from 2 - 4:30 PM

* The Shawshank Redemption: From Page to Screen
  - Tuesdays and Thursdays, February 20, 25, 27 & March 3, 5, & 10 from 2 - 3:30 PM

* Edgar Allan Poe: Art Imitates Life
  - Thursdays, February 20 & 27 from 2 - 4 PM

* The Arctic and Eskimo Culture
  - Mondays, March 2, 9, 16, & 23 from 10 AM - 12:30 PM

* International Perspective: India
  - Mondays, March 9, 16, 23 & 30 from 3 - 4:30 PM

* Big Night
  - Mondays, April 6 & 13 from 2 - 4:30 PM

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**CSA Courses**

**Crochet for Beginners**
- Wednesdays, February 5, 12, 19, & 26 from 4 - 5:30 PM

**Quilting for Beginners**
- Saturdays, February 8, 15, 22, & 29 from 10 AM - 12 PM

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**OLLI Special Events**

**Arts Illiana’s Lunchtime Getaway at the Gallery**
- Thursday, January 9 from 12 - 1:30 PM

**Rose-Hulman Performing Arts: Lindsey Webster**
- Friday, January 10 from 7:30 - 10 PM

**Swope Jewelry Making**
- Thursdays, January 16, 23 & 30 from 2 - 4 PM

**ISU Performing Arts: HYPROV**
- Thursday, January 16 from 7:30 - 10 PM
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Learning and Playing at the Terre Haute Children’s Museum</td>
<td>Friday, January 17</td>
<td>1 - 2:30 PM</td>
</tr>
<tr>
<td>Chinese New Year Luncheon</td>
<td>Monday, January 27</td>
<td>1:30 - 3 PM</td>
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<tr>
<td>Rose-Hulman Performing Arts: Swan Lake</td>
<td>Wednesday, February 5</td>
<td>7:30 - 10 PM</td>
</tr>
<tr>
<td>Swope Jewelry Making</td>
<td>Thursdays, February 13, 20, &amp; 27</td>
<td>2 - 4 PM</td>
</tr>
<tr>
<td>The Science and Engineering of Chocolate</td>
<td>Friday, February 28</td>
<td>1 - 2:30 PM</td>
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<tr>
<td>Dinner and Opera in Bloomington: La Traviata</td>
<td>Friday, February 28</td>
<td>3:30 - 11:30 PM</td>
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<tr>
<td>Florida: The Sunshine State</td>
<td>Monday - Monday, March 2 - 9</td>
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<tr>
<td>Mediterranean Dinner</td>
<td>Monday, March 2</td>
<td>4 - 5:30 PM</td>
</tr>
<tr>
<td>ISU Performing Arts: Anne Frank</td>
<td>Tuesday, March 10</td>
<td>7:30 - 10 PM</td>
</tr>
<tr>
<td>Sinfonietta Pops: “Our Town”</td>
<td>Sunday, March 15</td>
<td>2 - 3:30 PM</td>
</tr>
<tr>
<td>Rose-Hulman Performing Arts: Drum TAO 2020</td>
<td>Tuesday, March 17</td>
<td>7:30 - 10 PM</td>
</tr>
<tr>
<td>Beef and Boards: Saturday Night Fever</td>
<td>Wednesday, March 25</td>
<td>9:30 AM - 6 PM</td>
</tr>
<tr>
<td>Arts Illiana’s Lunchtime Getaway at the Gallery</td>
<td>Thursday, March 26</td>
<td>12 - 1:30 PM</td>
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<tr>
<td>Terre Haute Symphony:</td>
<td></td>
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<tr>
<td>The Beatles Return: Abbey Road</td>
<td>Saturday, April 4</td>
<td>7:30 - 10 PM</td>
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<tr>
<td>Mystery Trip</td>
<td>Tuesday, April 7</td>
<td>6 AM - 9 PM</td>
</tr>
<tr>
<td>Hot Blown Glass: Paper Weight</td>
<td>Friday, April 10</td>
<td>10 AM - 1 PM</td>
</tr>
<tr>
<td>From Immigrant to Citizen</td>
<td>Thursday, April 23</td>
<td>8 AM - 5 PM</td>
</tr>
<tr>
<td>Cooking Demonstration at Bar Bosco: Timpano</td>
<td>Monday, April 27</td>
<td>2 - 4 PM</td>
</tr>
<tr>
<td>“Big Night” Festa</td>
<td>Monday, April 27</td>
<td>6 - 8 PM</td>
</tr>
<tr>
<td>OLLI Wednesday Presentations</td>
<td></td>
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</tr>
<tr>
<td>Sleep, the Body’s Reset Button</td>
<td>Wednesday, January 8</td>
<td>1:30 - 3 PM</td>
</tr>
<tr>
<td>From Amanda to Zerelda: Hoosier Suffragists Who Raised a Ruckus for Women’s Suffrage</td>
<td>Wednesday, January 15</td>
<td>1:30 - 3 PM</td>
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</tbody>
</table>
# OLLI Winter 2020

## Schedule-at-a-Glance

### OLLI Wednesday Presentations

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<th>Presentation</th>
<th>Date</th>
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<tbody>
<tr>
<td><strong>Active Day</strong></td>
<td>Wednesday, January 22</td>
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<tr>
<td><strong>Shoulder Pain</strong></td>
<td>Wednesday, January 29</td>
</tr>
<tr>
<td><strong>There and Back Again: OLLI’s Trip to Egypt</strong></td>
<td>Wednesday, February 5</td>
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<tr>
<td><strong>What is Chair Yoga</strong></td>
<td>Wednesday, February 12</td>
</tr>
<tr>
<td><strong>History of Ybor City</strong></td>
<td>Wednesday, February 19</td>
</tr>
<tr>
<td><strong>Surgery with Robots</strong></td>
<td>Wednesday, February 26</td>
</tr>
<tr>
<td><strong>Exploring Denali with a Park Ranger</strong></td>
<td>Wednesday, March 4</td>
</tr>
<tr>
<td><strong>TMJ - is there any relief?</strong></td>
<td>Wednesday, March 11</td>
</tr>
<tr>
<td><strong>“A Citizenship of Her Own: American Women, the Nineteenth Amendment and the Cable Act.”</strong></td>
<td>Wednesday, March 18</td>
</tr>
<tr>
<td><strong>Facing Injustice . . . Lynching in America and On the Banks of the Wabash</strong></td>
<td>Wednesday, March 25</td>
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</table>

### OLLI Other Presentations

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<tr>
<th>Presentation</th>
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<tr>
<td><strong>Life in a Coal Town</strong></td>
<td>Wednesday, April 1</td>
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<tr>
<td><strong>Using Soft Tissue Techniques to Improve Function of the Body</strong></td>
<td>Wednesday, April 8</td>
</tr>
<tr>
<td><strong>“5 1/2 Years: An Expat Experience in Cuenca Ecuador”</strong></td>
<td>Wednesday, April 15</td>
</tr>
<tr>
<td><strong>What Matters to You, Not What’s the Matter With You!</strong></td>
<td>Wednesday, April 22</td>
</tr>
<tr>
<td><strong>Life in God’s Country the Man Who Remembered to Interview the Immigrants</strong></td>
<td>Wednesday, April 29</td>
</tr>
<tr>
<td><strong>What is GERD?</strong></td>
<td>Thursday, January 23</td>
</tr>
<tr>
<td><strong>PANCREATITIS</strong></td>
<td>Thursday, February 20</td>
</tr>
<tr>
<td><strong>Opera Presentation: <em>La Traviata</em></strong></td>
<td>Thursday, February 27</td>
</tr>
<tr>
<td><strong>Raise Hell: The Life and Times of Molly Ivins</strong></td>
<td>Monday, March 16</td>
</tr>
</tbody>
</table>
### Book Discussion: *Immigrant World of Ybor City*
Thursday, March 19 from 2 - 3:30 PM

### *Iron Jawed Angels*
Thursday, March 19 from 6 - 8:30 PM

### Family Cancer Syndromes
Thursday, March 26 from 6:30 - 8 PM

### “Wilders Early One-Acts: Finger Exercises in Preparation for Our Town.”
Friday, April 3 from 3:30 - 5:30 PM

### Terre Haute Flute Choir
Thursday, April 23 from 6:30 - 8 PM

<table>
<thead>
<tr>
<th>Event Title</th>
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<tbody>
<tr>
<td>Book Discussion: <em>Immigrant World of Ybor City</em></td>
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<tr>
<td><em>Iron Jawed Angels</em></td>
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<tr>
<td>Family Cancer Syndromes</td>
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<tr>
<td>“Wilders Early One-Acts: Finger Exercises in Preparation for Our Town.”</td>
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</tr>
<tr>
<td>Terre Haute Flute Choir</td>
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Water Aerobics

Date: Tuesdays & Thursdays
   Session 1: January 14, 16, 21, 23, 28, 30 & February 4
   Session 2: February 6, 11, 13, 18, 20, 25, 27
   Session 3: March 3, 5, 10, 12, 17, 19, 31
   Session 4: April 2, 7, 9, 14, 16, 21, 23
Time: 9:30 - 10:30 AM
Place: ISU, Student Recreation Center
   601 N. 6th St., Terre Haute
Cost: $40 per session

Water aerobics is a moderate to intense aerobic exercise in the water that will give you all the great benefits of a cardio workout with some muscle conditioning and strengthening without the impact on the joints you get from traditional land aerobics. It is a flexible class that allows you to work at your own pace. All exercise is done in shallow water with no swimming required. Participants must wear swimsuits. Participants will have use of a locker in the Student Recreation Center, but will need to bring their own locks.

Astronomy 101

With Holly Hudson, Retired Allen Memorial Planetarium Manager and Teacher

Date: Tuesdays, January 14, 21, and 28, 2020
Time: 2 - 3:30 PM
Place: ISU, University Hall Room 101
Cost: $15

Origin of the Elements: Look around, everything is made of elements. You learned about the 92 naturally occurring elements in school, but did you ever learn where they came from? We will explore, at the most basic level, the origin of Hydrogen and Helium from the Big Bang and the production of the rest of the elements from the life cycle of stars.

We Know We Are Not Alone, But Are We Unique? The elements formed during a star’s life become planets and life on planets. If solar systems are a natural byproduct of a star’s formation, then there should be millions of solar systems in just our galaxy alone. We will explore how solar systems form, take a look at new and exciting findings in our own solar system and then provide an update on some of the over 4,084 planets orbiting around other nearby stars.

Something Familiar: Our Moon: You learned the phases of the moon in elementary school, but do you know how they form? If half of the moon is always illuminated and half is always dark then how do we get phases? Come learn why there is no such thing as a permanently dark side of the moon. Why is the moon sometimes seen in the morning and sometimes seen in the evening? During this session we will dispel myths and help you understand our nearest neighbor as well as discuss the new race to the moon. The United States won the last race to the moon; will we win this one? We will discuss the Constellation program and the Artemis program and let you decide.
Courses

From Tough Old Gut to the Champagne Campaign: Allied Armies in Italy and Southern France, 1943-1945

*With Don Layton, ISU Professor Emeritus of History*

**Date:** Mondays, January 27, February 3 and 10, 2020  
**Time:** 2 - 4 PM  
**Place:** ISU, College of Nursing Room 107  
**Cost:** $15

This series of lectures will discuss two of World War II’s forgotten battlefields: Italy and Southern France. The American commander of the Fifth Army in Italy, General Mark Clark, countered Winston Churchill’s description of Italy as the “soft underbelly of Europe” by calling it a “Tough Old Gut.” Indeed, Allied armies slogged through the mud and snow of Italy for nearly two years, suffering over 300,000 casualties; it cost the Germans as many as 430,000. On the other hand, the Allied invasion of Southern France in August, 1944, Operation Anvil, has earned the sobriquet, “the Champagne Campaign,” reflecting the initial ease of the landing near Marseilles. Yet, as this invasion force moved north, forming a pincher movement on the Germans with the Allied forces coming from the Normandy beachhead, its casualties mounted as well. The contributions of these two operations to the final Allied victory in Europe have been questioned, but the bravery of the men who fought and died in them cannot be questioned. Neither they nor the battles they fought should be forgotten.

Although these lectures stand alone in furthering an understanding of World War II in general, they also provide an underpinning for a projected trip of the battlefields of Italy and Southern France in 2021.
Courses

**Ellis Island the Gateway to the United States**
*With Michelle Bennett, OLLI at ISU Program Administrator; Elmer Guerri, Anthropology Enthusiast; and a Panel of Guest Speakers*

**Date**: Tuesdays, February 4, 11, and 18, 2020  
**Time**: 2 - 4 PM  
**Place**: ISU, College of Nursing Room 107  
**Cost**: $15 (book not included/optional)

12 million people migrated to the United States through Ellis Island; the largest migration in human history. Join OLLI as we explore and discuss a small part of this immigration process. We will do this by exploring the book titled *Island of Hope, Island of Tears* followed by watching the movie with the same title. Lastly we will be joined by a panel of individuals that had family that came through Ellis Island and told of their journey.

**True Crime**
*With Derek Fell, Chief of Operations for Vigo County Sheriff’s Office and Troy Davis, Sergeant with Terre Haute Police Department*

**Date**: Thursdays, February 6 and 13, 2020  
**Time**: 2 - 4 PM  
**Place**: ISU, College of Nursing Room 107  
**Cost**: $10

Delve into two local cases with local officers, Derek Fell and Troy Davis. Learn details about each case from how the officers became involved to the eventual conclusion of each case.

**Derek Fell - Vigo County Sheriff’s Office**  
This case involves an investigation of a potential murder, but all evidence needs to be examined before making a final call.

**Troy Davis - Terre Haute Police Department**  
Troy will be discussing the murder case of Nikolle J. Caton Steelman from 2007.
Courses

**Suffrage and Labor 1913**  
*With Ruth Fairbanks, ISU Instructor of History*

**Date:** Mondays, Wednesdays, and Fridays, February 10 - March 2, 2020 (10 sessions)  
**Time:** 9 - 9:50 AM  
**Place:** ISU, Stalker Hall Room 108  
**Cost:** $30  
**Maximum:** 5

OLLI members will participate in part of the ISU class “Women in the 20th Century” taught by Ruth Fairbanks. This multi-generational learning experience will be based on a role playing game titled Greenwich Village 1913, which focuses on women’s suffrage and the conditions of labor in the early twentieth century. Each person will get a part based on real historical figures or composite characters. The part assignments are a few pages long and contain character background as well as winning objectives and hints about possible allies in the game. Players in the game also work with primary documents to provide information and strategy. The game moves through several stages as players try to accumulate personal influence points and complete various tasks including writing, speaking, networking and using various artistic forms. The game will take 10 class sessions to play, with planning and the possibility of group meetings outside of class time.

![Hedwig Reicher as Columbia in a Suffrage Pageant, March 3, 1913, Washington DC](http://hdl.loc.gov/loc.pnp/ppmsc.00032)

**The Last Great Race on Earth: Iditarod**  
*With Elmer Guerri, Anthropology Enthusiast*

**Date:** Mondays, February 17 and 24, 2020  
**Time:** 2 - 4:30 PM  
**Place:** ISU, College of Nursing Room 107  
**Cost:** $10 (book not included)

The Iditarod Dog Sled Race held annually in Alaska is promoted as “The Last Great Race on Earth, 1,049 Miles, in Alaska Where Men Are Men and Women Win the Iditarod.” The OLLI 2020 Iditarod Class has been scheduled in order to allow OLLI members to become familiar with the history of the annual Alaskan event just in time to follow the 2020 Iditarod Race, which will begin March 7, 2020. Participants will learn about the historic 1925 diphtheria serum dog team run from Nenana to Nome, before there were airplanes in Alaska that could deliver much needed serum to suffering children, this event is memorialized by the Iditarod. The book needed for the class is *Rivers, Diary of a Blind Alaska Racing Dog* by Mike Dillingham.

The annual commemorative event honors Alaskan natives who have used dog sleds and “dog traction” for over 2,000 years. The importance of dogs to the survival of the early Eskimos will be studied, and OLLI members will become familiar with the challenges and dangers modern mushers face on the Iditarod Trail. A close-up look will be provided of the rigors and details involved on the part of the brave men and women who participate in the annual event.
Edgar Allan Poe: Art Imitates Life

With Mike Lunsford, Writer and Columnist

Date: Thursdays, February 20 and 27, 2020
Time: 2 - 4 PM
Place: ISU, University Hall Room 108
Cost: $10

Do you recall reading Edgar Allan Poe’s tales of terror in junior high school, but never really understood his dark, underlying messages? Then, this short class is for you. Join local columnist and author Mike Lunsford in February for his discussion about the brilliant work and tragic life of the man whose genius gave us such nightmares as The Cask of Amontillado, The Tell-Tale Heart, and The Raven.

Author of six books, a regular column, and monthly features for the Terre Haute Tribune-Star, Lunsford, a career teacher, will deal with a number of the themes that run deep into the heart of Poe’s work and fears, and explain why this “master of the macabre” is among the most important of American writers.

The Shawshank Redemption: From Page to Screen

With Rob Perrin, ISU Professor of English

Date: Tuesdays and Thursdays, February 20, 25, 27 and March 3, 5, and 10, 2020
Time: 2 - 3:30 PM
Place: ISU, University Hall Room 101
Cost: $30 (book not included)

How often have you heard comments like this? “The book was great, but the movie . . . not so much.” “The film was so good, but the book was a disappointment.” Yet in rare instances, a beautifully crafted text is transformed into an equally compelling film. Such is the case with Stephen King’s Rita Hayworth and Shawshank Redemption (1982) and Frank Darabont’s The Shawshank Redemption (1994). This class will begin with a discussion of the film-adaptation process, followed by discussions of the novella; in the final sessions, we will view the film and discuss the ways in which Darabont transforms the powerful novella into an equally powerful film.

Session 1, the process of film adaptation; Session 2, Rita Hayworth and Shawshank Redemption (RHSR), pages 3–57; Session 3, RHSR, pages 57–113; Session 4, film and discussion; Session 5, film and discussion; Session 6, film and discussion.

The Arctic and Eskimo Culture

With Elmer Guerri, Anthropology Enthusiast

Date: Mondays, March 2, 9, 16, and 23, 2020
Time: 10 AM - 12:30 PM
Place: Landsbaum Center, 1433 N. 6 1/2 Street, Terre Haute
Cost: $20 (book is included in cost)

An in-depth look at the Arctic and Eskimo Culture provides learning about physiology, diet, the impact of the environment and climate change upon humans, and how Eskimos adapted to severe unforgiving conditions. Three major pre-contact technological developments made survival in the Arctic possible. Eskimo culture survived three subsistence/economic periods, each of which had major impacts upon food procurement and subsistence patterns, and ultimately the acculturation of Eskimo society.

Early explorers and missionaries learned many lessons from the Eskimo, not the least of which arose from the Eskimo’s heavy dependence upon eating raw meat (Esqimeaux, the root word from which the word Eskimo came, is translated as “eaters of raw meat”). There was no need for citrus-containing foods in the Eskimo diet to prevent human conditions such as scurvy or scorbutus, also called Barlowe’s Disease (mitral valve prolapse). Early European explorers discovered many health conditions they experienced were often overcome by long stays in Eskimo villages, living off of the Eskimo diet. Many pathogenic and adverse physiological conditions experienced by early Europeans, it was discovered, did not exist among the pre-contact Eskimos. The book, *Not By Bread Alone*, written by the Arctic explorer Vilhjalmur Stefansson, opened the eyes of outsiders to the dangers of the traditional European diet containing sugars, refined flours and carbohydrates, all absent in the traditional Eskimo diet.

This course will provide an in-depth look at Eskimo culture and lifeways, through the eyes of Siberian Yupik Elder Denny Akeya, whose book *God Created the Heaven and the Earth, Including Me* will be the course text. The course will develop an appreciation for perseverance, creative ingenuity, adaptation, and confidence on the part of humans facing endemic challenges, both natural and human-created. A portion of the course involves a travelogue narrative to the Village of Savoonga on Saint Lawrence Island, Alaska, where state-of-the-art medical and clinical facilities provide Siberian Yupik Eskimos with medical care and treatment in a challenging and changing environment that continues to threaten human survival. In that same village, traditional practices such as whaling, hunting and gathering, fishing, skin sewing and other native culture-based activities continue, providing a valuable, respectful link to the past as well as hope for the future of a strong and resilient people.
International Perspective: India

With Zachariah Mathew, ISU Associate Director of International Affairs and International Students from India attending Indiana State University

Date: Mondays, March 9, 16, 23 & 30, 2020
Time: 3 - 4:30 PM
Place: ISU, University Hall Room 101
Cost: $20

Come learn from ISU International students from India about their country. What makes the individual states distinctive from one another and what brings unity in diversity.

India is a country that occupies the greater part of South Asia. It is a constitutional republic consisting of 29 states and 9 union territories each with a substantial degree of control over its own affairs. With roughly one-sixth of the world’s total population, India is the second most-populous country, after China. India remains one of the most ethnically diverse countries in the world. Apart from its many religions and sects, India is home to innumerable castes and tribes, as well as to more than a dozen major and hundreds of minor linguistic groups from several language families unrelated to one another.

Students will present about India celebrating “Unity without Uniformity and Diversity without Fragmentation.”

Big Night

With Michelle Bennett, OLLI at ISU Program Administrator and Elmer Guerri, Anthropology Enthusiast

Date: Mondays, April 6 and 13, 2020
Time: 2 - 4:30 PM
Place: ISU, College of Nursing Room 107
Cost: $10 (book not included)

OLLI members will read and view the book and movie titled Big Night by Joseph Tropiano. This story is about two Italian immigrant brothers, Primo and Secondo, who in the 1950s came to a small New Jersey seaside town to open an Italian restaurant, the fulfillment of their American Dream. Through a series of comical gyrations and confrontations with competitor restaurateur Pascal, the brothers attempt to make their restaurant a success. A contrived scheme of trickery and falsehoods results in an unexpected climax to the story that can be characterized by the Italian saying, “You can only be betrayed by those you trust.” The class will be treated to a story involving romance, mystery, humor, colorful language and, of course, “mangia, mangia, mangia.”

This class is followed by two OLLI special events. The first is a cooking demonstration at Bar Bosco featuring the dish timpano from the book and movie. The second is a dinner where the dish from the first special event will be served. See pages 29 for details.
Community School of the Arts - OLLI Courses

**Crochet for Beginners**

**Date:** Wednesdays, February 5, 12, 19, and 26, 2020  
**Time:** 4 - 5:30 PM  
**Place:** ISU, Fine Arts Building, CSA Arts Room 115  
649 Chestnut St., Terre Haute  
**Cost:** $60  
**Maximum:** 15

Have you always wanted to learn to crochet?  
Learn the basics of crochet, including:  
· How to choose the right yarn and hook for your project  
· Basic crochet stitches  
· How to read simple patterns  
From the first lesson, students will learn how to make beautiful, practical, and fun projects!

No experience in crochet is necessary!

**Quilting for Beginners**

**Date:** Saturdays, February 8, 15, 22, and 29, 2020  
**Time:** 10 AM - 12 PM  
**Place:** ISU, Myers Technology Center Room 316  
620 Chestnut St., Terre Haute  
**Cost:** $80  
**Maximum:** 15

Have you ever wanted to quilt and didn’t know where to begin?  
Whether you’ve ever used a sewing machine or you know how to do a straight stitch, you can quilt! Join us for four Saturdays in February, for hands on learning covering the basics of quilting.  
By the end of this class, you will have made a lap size rag quilt with a finished size of approx. 54” x 63”.

No experience necessary!

Please contact CSA by visiting statecsa.indstate.edu or calling 812-237-2528 for more information on adult classes!
Special Events

Arts Illiana’s Lunchtime Getaway at the Gallery

Date: Thursday, January 9, 2020  
Time: 12 - 1:30 PM  
Place: Arts Illiana  
23 N 6th St, Terre Haute  
Cost: $15  
Maximum: 24  
RSVP by January 2, 2020

Arts Illiana is pleased to announce the Lunchtime Getaway at the Gallery, for a limited engagement, with two of your favorites; art and lunch!

The first Getaway of 2020 offers a box lunch from Clabber Girl with a lively discussion on Arts Illiana’s Small Art exhibition. This exhibition includes over 100 pieces of original artwork from Wabash Valley regional artists.

Rose-Hulman Performing Arts: Lindsey Webster

Date: Friday, January 10, 2020  
Time: 7:30 - 10 PM  
Place: Rose-Hulman Hatfield Hall  
5500 Wabash Ave, Terre Haute  
Cost: $27  
Maximum: 15  
RSVP by December 23, 2019

Lindsey Webster has recorded two number-one Contemporary Jazz albums and has twice been named Billboard Artist for the year. Her rich, soulful voice enchants a dedicated following who connect with the raw emotion she shares.
Swope Jewelry Making

**Date:** Thursdays, January 16, 23 and 30, 2020  
**Time:** 2 - 4 PM  
**Place:** Swope Art Museum  
25 South 7th Street, Terre Haute  
**Cost:** $75  
**Maximum:** 10  

**RSVP by January 2, 2020**

Rivet, Wrap, Stitch and Fold: these are just a few of the different metalsmithing techniques we will use to make interesting jewelry pieces. By using “cold connections” (no soldering) you will leave class with finished pieces and great ideas for making your own one-of-kind jewelry.

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ISU Performing Arts: **HYPROV**

**Date:** Thursday, January 16, 2020  
**Time:** 7:30 - 10 PM  
**Place:** ISU, Tilson Music Hall  
701 North 7th Street, Terre Haute  
**Cost:** $26  
**Maximum:** 15  

**RSVP by January 2, 2020**

From the minds of improv and comedy legend Colin Mochrie, and Master Hypnotist Asad Mecci, comes a brand new, mind-blowing, jaw-dropping, side-splitting show. Hypnosis and improvisation – two art forms that have captured minds and imaginations for decades worldwide – are brought together by two masters of their crafts, uniting to create a totally unique theatrical experience, **HYPROV:** Improv Under Hypnosis.

Twenty random volunteers from the audience will be hypnotized, (the process of which is a show in its own right), their inhibitions evaporated and their minds no longer their own. The four or five best are left on stage when one of the world’s leading improvisers enters! Colin Mochrie co-creator and star of Whose Line is it, Anyway? will initiate and manipulate those under hypnosis and turn the show into an improv extravaganza full of music, horse races and lots of laughter.

Who knows where the unconscious mind will take us?
Learning and Playing at the Terre Haute Children’s Museum

**Date:** Friday, January 17, 2020  
**Time:** 1 - 2:30 PM  
**Place:** Terre Haute Children’s Museum  
**Cost:** $15

**RSVP by January 8, 2020**

Release your inner child and come spend an afternoon at the Terre Haute Children’s Museum. Spend some time with Susan Turner, the Executive Director of the museum, as she shares the vision and the direction of the museum. Take a tour of the museum with Renee Henry, the Director of Education, and hear about the educational programing for children and see the wonderful learning that takes place every day at the museum. You will get a sneak peek of the new interactive construction exhibit designed to showcase the construction trades. You will also spend some time getting messy and learning science along the way. Holly Hudson, the School-Aged Program Manager, will guide you through a wonderful activity designed to help you understand non-Newtonian fluids. The bonus is you can do this activity at home in the kitchen with the young people in your life or with those who are young at heart. We invite you to come spend some time learning and playing at the Museum. You won’t regret it!

Chinese New Year Luncheon

**Date:** Monday, January 27, 2020  
**Time:** 1:30 - 3 PM  
**Place:** Royal Mandarin Express  
11 Meadows Shopping Center, Terre Haute  
**Cost:** $25

**RSVP by January 17, 2020**

The most important Chinese holiday is Chinese New Year, which is known in China as Spring Festival. It is sometimes called Chinese Lunar New Year, or Lunar New Year and is the largest annual festival celebrated by Chinese and Chinese descendants around the world. It would be like celebrating Christmas and New Year’s rolled up into one holiday. Join other OLLI members as Pauline from Royal Mandarin serves up some of the most popular dishes prepared during this holiday.
**Special Events**

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**Rose-Hulman Performing Arts: Swan Lake**

*Date:* Wednesday, February 5, 2020  
*Time:* 7:30 - 10 PM  
*Place:* Rose-Hulman Hatfield Hall  
5500 Wabash Ave, Terre Haute  
*Cost:* $34  
*Maximum:* 15  

RSVP by January 15, 2020

Russia’s finest dancers return to Hatfield Hall to present *Swan Lake*, the most loved classical ballet of them all. Presented in two acts, *Swan Lake* crosses the world of magic and mystical creatures with that of the real world. It is a story where the virtues of love and forgiveness, in the end, conquer evil and betrayal.

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**Swope Jewelry Making**

*Date:* Thursdays, February 13, 20, and 27, 2020  
*Time:* 2 - 4 PM  
*Place:* Swope Art Museum  
25 South 7th Street  
*Cost:* $75  
*Maximum:* 10  

RSVP by February 3, 2020

Rivet, Wrap, Stitch and Fold: these are just a few of the different metalsmithing techniques we will use to make interesting jewelry pieces. By using “cold connections” (no soldering) you will leave class with finished pieces and great ideas for making your own one of kind jewelry.
Special Events

The Science and Engineering of Chocolate

With Drs. David and Kimberly Henthorn, Department of Chemical Engineering at Rose-Hulman Institute of Technology

**Date:** Friday, February 28, 2020  
**Time:** 1 - 2:30 PM  
**Place:** Rose-Hulman Institute of Technology  
Mussallem Union (Room MU208)

**Cost:** $25  
**Maximum:** 35  

**RSVP by February 6, 2020**

Chocolate is loved around the world, but did you know that a lot of science and engineering goes into making a good piece of chocolate? In this lecture, participants will learn about the “bean-to-bar” process that transforms raw ingredients into finished chocolate. As we discuss topics such as chocolate formulations and tempering, participants can sample raw ingredients and finished products to learn how simple variations can affect taste and texture.

Dinner and Opera in Bloomington: La Traviata

**Date:** Friday, February 28, 2020  
**Time:** 3:30 - 11:30 PM  
**Place:** ISU, Parking Lot D extension  
**Cost:** $100  
**Minimum:** 30

**RSVP by February 7, 2020**

Enjoy a night of good food and great theater as we travel to Bloomington, Indiana for dinner at the Runcible Spoon followed by the opera La Traviata at Indiana University’s Jacob School of Music.

*La Traviata*

Power in our society means money and freedom, and as a high-class escort, Violetta (“The Fallen Woman”) has plenty of both. She lives for sheer pleasure and decadence—never getting too close. Until Alfredo. Now she must choose. But she knows that if she embraces love, she will have to pay for it. She also knows that she is a ticking time bomb—tuberculosis sharpening its scythe. Her agonizing conflict is breathtakingly expressed in one of the most famous, and virtuosic, arias of all time, Sempre Libera: “Love is the heartbeat of the whole universe,” and “I must always be free.”

Join James Chesterson for a presentation about the opera before the trip. See page 39 for details.
Florida: The Sunshine State

Date: Monday - Monday, March 2 - 9, 2020
Time: Bus leaves at 6 AM on March 2 & return 8 PM on March 9
Place: First Financial Bank Conference Center
   4343 S. 7th, Terre Haute
Cost: $1673 p/p 2 per room; $1512 p/person 3 per room;
     $1432 p/person 4 per room; $2153 p/person 1 per room

RSVP by January 27, 2020

Ready to get away for the winter? Take off with us to the Sunshine State where we will relax in sunny Florida. We will be staying in the Orlando area and make a daily trip to different areas in the state. After a day of traveling, we complete day 2 with a Who-dun-it Sleuth Dinner Theater. On day 3, we start out with an exhilarating adventure on the legendary St. Johns River that combines the beauty of nature with the thrill of an airboat adventure. While you are there, you’ll have the chance to see Florida alligators, bald eagles and other wildlife. Next, we head on to Kennedy Space Center to explore unparalleled space attractions and exhibits. Let’s end a wonderful day with a meal at Coconuts on Cocoa Beach. Day 4 we head north to rediscover our youth and spend the day at historic St. Augustine with a tour of the Fountain of Youth and an evening dinner show. Day 5 we head to Silver Springs in Ocala and board the famous glass bottom boats, Florida’s first original theme park. Day 6 is your choice! This is where the relaxation comes in! Lay back and enjoy the pool or choose your own theme park! Day 7 and 8 will see us heading home with a stop in Nashville, TN, and a meal at Monells at the Mansion. This trip is your sure cure for the winter blues!!
Mediterranean Dinner

**Date:** Monday, March 2, 2020  
**Time:** 4 - 5:30 PM  
**Place:** Cackleberries  
303 South 7th Street, Terre Haute  
**Cost:** $25  
**Maximum:** 40  

**RSVP by February 17, 2020**

Although Mediterranean cuisine isn’t governed by a single culture, it is very much the product of cultural influence and exchange. The world’s earliest civilizations bordered the Mediterranean Sea, their development bolstered by the rich soil and temperate climate that made agricultural production thrive. As the point of intersection between Asia, Europe, and Africa, with major civilizations located in each area, the Mediterranean was geographically destined to become a major trading hub. Traders exchanged cultural commodities like spices and other food goods, resulting in the wide dissemination of certain ingredients throughout the cuisines of these disparate peoples. Come enjoy a taste of what Mediterranean food has to offer at the always popular Cackleberries.

ISU Performing Arts:  
**Anne Frank**

**Date:** Tuesday, March 10, 2020  
**Time:** 7:30 - 10 PM  
**Place:** ISU, Tilson Music Hall  
701 North 7th Street, Terre Haute  
**Cost:** $17  
**Maximum:** 15  

**RSVP by February 25, 2020**

Anne Frank and her family were Jewish citizens of Germany. When the Nazi party, led by Adolf Hitler, came to power in 1933, the Nazis blamed the country’s problems on the Jews. Jews were stripped of their rights. Many were eventually sent to concentration camps, where more than six million died in what became known as the Holocaust. The Franks moved to the Netherlands to escape persecution, but the Nazis invaded that country in 1940. In order to survive, Anne’s family went into hiding when she was 13 years old. They hid in the attic rooms behind Mr. Frank’s office, and several other Jews joined them. In this “Secret Annex,” Anne kept a diary about her life in hiding. More than two years later, the group’s worst fears came true when the Nazis found them. Everyone who had been living there was sent to concentration camps. Anne’s diary was discovered later.
Sinfonietta Pops: “Our Town”

**Date:** Sunday, March 15, 2020  
**Time:** 2 - 3:30 PM  
**Place:** St. Mary-of-the-Woods, Cecilian Auditorium  
St. Mary-of-the-Woods College  
**Cost:** $10  
**Maximum:** 20

**RSVP by March 6, 2020**

This concert is held in conjunction with the Vigo County Public Library’s: “Big Read” program which this year is featuring Thornton Wilder’s play “Our Town.” This timeless drama of life in the mythical village of Grover’s Corners, New Hampshire, which explores love, life, and death has become an American classic with universal appeal.

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Rose-Hulman Performing Arts: Drum TAO 2020

**Date:** Tuesday, March 17, 2020  
**Time:** 7:30 - 10 PM  
**Place:** Rose-Hulman Hatfield Hall  
5500 Wabash Ave, Terre Haute  
**Cost:** $32  
**Maximum:** 15

**RSVP by March 3, 2020**

These world-renown artists bring the ancient Japanese tradition of drumming to life with astounding athleticism, striking costumes, and amazing visuals. Since performing at the 2010 Vancouver Olympics, DRUM TAO has sold-out theaters in 26 countries and dozens of U.S. cities.

Made possible by the support of the Indiana Arts Commission, Arts Illiana, and the National Endowment for the Arts, a federal agency.
Special Events

**Beef and Boards: Saturday Night Fever**

**Date:** Wednesday, March 25, 2020  
**Time:** Bus will leave at 9:30 AM and return at 6 PM  
**Place:** First Financial Bank Conference Center  
4343 S 7th, Terre Haute  
**Cost:** $113  

**RSVP by March 4, 2020**

Join us at Beef and Boards as we travel back to the late 70’s when Disco was King! *Saturday Night Fever* is a play that focuses on Tony Manero, a Brooklyn youth whose weekend is spent at the local discotheque. But hey, all we are thinking of is John Travolta and that great 1970’s soundtrack including the Bee Gees hits: *Stayin’ Alive, How Deep is Your Love, Night Fever* ……and the list goes on and on! We will also enjoy a delicious buffet meal by Beef and Boards before the show.

**Arts Illiana’s Lunchtime Getaway at the Gallery**

**Date:** Thursday, March 26, 2020  
**Time:** 12 - 1:30 PM  
**Place:** Arts Illiana  
23 N 6th St, Terre Haute, IN  
**Cost:** $15  
**Maximum:** 24  

**RSVP by March 12, 2020**

This installment of Lunchtime Getaway will center on Arts Illiana’s biannual Crow Show. Explore artwork with entries from around North America themed with every Hautean’s favorite subject, the crow! Gallery Director Michael Tingley will be acquainting guests with interesting tidbits and highlights of this always fascinating, and sometimes controversial, exhibition.
Special Events

Terre Haute Symphony: *The Beatles Return: Abbey Road*

**Date:** Saturday, April 4, 2020  
**Time:** 7:30 - 10 PM  
**Place:** ISU, Tilson Music Hall  
701 North 7th Street, Terre Haute  
**Cost:** $15  
**Maximum:** 15  

*RSVP by March 13, 2020*

The #1 Selling Artist in Symphonic Pops History, Classical Mystery Tour, returns to celebrate the 50th Anniversary of Abbey Road. We were dancing in the aisles the last time this Fab Four appeared with the THSO in a sold-out concert. Don’t miss it this time!

Mystery Trip

**Date:** Tuesday, April 7, 2020  
**Time:** 6 AM - 9 PM  
**Place:** First Financial Bank Conference Center  
4343 S 7th, Terre Haute  
**Cost:** $157  

*RSVP by March 10, 2020*

We wish we could tell you where we are going. It is going to be great! This trip includes numerous stops that are sure to delight and surprise. Gold Club/OLLI always plans mystery trips that include something new and different, and this trip will not disappoint you. If you have taken mystery trips in the past, you know what to expect; if not, join us. You will have a great time.
Special Events

Hot Blown Glass: Paper Weight

Date: Friday, April 10, 2020  
Time: 10 AM - 1 PM  
Place: Hot Blown Glass, Ltd  
3717 S County Rd 200 E, Clayton, IN  
Cost: $40  
Maximum: 10

RSVP by March 20, 2020

If you want to experience working in a hot glass shop and hand making your own paper weight, join OLLI for a day of fun and learning. The paper weight is something a novice can be taught and will certainly be worth your while! How often do you have the opportunity to manipulate HOT GLASS, learn how to add your favorite colors, and form it with intent? This session will start at 10 AM and run until everyone has a blast. Bring several bottles of water to quench your thirst, while you sit under the awning to relax and cool off after you have created your glass paper weight.

From Immigrant to Citizen

Date: Thursday, April 23, 2020  
Time: Bus will leave at 8 AM and return at 5 PM  
Place: ISU, Parking Lot D extension  
Cost: $75 (lunch not included)  
Minimum: 30

RSVP by March 19, 2020

To continue learning about immigration we will be going to Indianapolis to witness a naturalization ceremony held at the Indiana World War Memorial. Following the ceremony we will have a tour of the Federal Courthouse in Indianapolis, which will include a mix of history, architecture, and information about the court. Next we will enjoy lunch at Shapiro’s Delicatessen. Our last stop for the day will be at the Immigrant Welcome Center where we will have a tour of the facility in addition to an overview of the resources they provide to new immigrants.
**Cooking Demonstration at Bar Bosco: Timpano**

**Date:** Monday, April 27, 2020  
**Time:** 2 - 4 PM  
**Place:** Bar Bosco/Alimentari Da Pesavento  
800 S 7th Street, Terre Haute  
**Cost:** $15  
**Maximum:** 10  

**RSVP by March 30, 2020**

This event will be restricted to a limited number of OLLI members, as it will take place at the very popular Terre Haute Alimentari da Pesavento and Bar Bosco, where members will join Master Chef Joe Everhart in the preparation of a myriad of exotic ingredients to create a magnificent “Timpano”, the colorful, complex, multi-layered, extravagant centerpiece meal featured in the *Big Night* movie.

The elaborate preparation and packing of the numerous ingredients is a fastidious task requiring the supervision and talents of Chef Everhart. The heightened anxiety and suspense involved in the cumbersome effort reflects the tradition that has continued for centuries in the feasts and “festas” of native Italy. This cooking demonstration is connected to the OLLI class titled *Big Night* on page 16. The culmination of this cooking demonstration will be tasted at the OLLI special event titled “Big Night” Festa on page 29.

**“Big Night” Festa**

**Date:** Monday, April 27, 2020  
**Time:** 6 - 8 PM  
**Place:** Bar Bosco/Alimentari Da Pesavento  
800 S 7th Street, Terre Haute  
**Cost:** $35  
**Maximum:** 45  

**RSVP by March 30, 2020**

The culmination of the OLLI class titled *Big Night* and the OLLI special event titled Cooking Demonstration at Bar Bosco: Timpano will be finally tasting the “Timpano” and other specialties created by Chef Everhart and his staff. This is a special event that is reserved exclusively for OLLI members.

OLLI members who attend the special OLLI *Big Night* “Festa” will enjoy music from the 1996 film. The famous Louis Prima hit “Buona Sera” will have great significance for OLLI members who attended the other OLLI events leading up to this night. The catchy “Angelina/Zooma Zooma” will make OLLI members want to keep coming back for more in the same manner that the singer kept going back to the pizzeria to see the beautiful seductive Angelina…..perhaps more OLLI “Festas” with Chef Everhart.
Wednesday Presentation

Sleep, the Body’s Reset Button

With Sylvia Middaugh, RDN, LD, DipACLM

Date: Wednesday, January 8, 2020
Time: 1:30 - 3 PM
Place: Maple Center
1801 North 6th Street, Suite 400, Terre Haute
Cost: Free

Find out why sleep is at the very foundation of overall wellness (health). Learn some of the fascinating processes that occur while you are sleeping and ways to improve your sleep. Sylvia is a nutrition educator/counselor and owner of Nutrition for Healing, P.C. connected with the Maple Center for Integrative Health. Sylvia believes that lifestyle is at the foundation of good health.

From Amanda to Zerelda: Hoosier Suffragists Who Raised a Ruckus for Women’s Suffrage

With Marsha Miller, ISU Research and Instruction Librarian

Date: Wednesday, January 15, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

A chronological look at Indiana suffrage history, including Amanda Way, Grace Julian Clark, Mary Garrett Hay, Helen Gougar, Zerelda Wallace, May Wright Sewall. Special focus on Ida Husted Harper (Terre Haute journalist, collaborator with Susan B. Anthony, writing volumes of the “History of Woman Suffrage”), and Eugene and Kate Debs. This presentation will also cover the little known 1917 Maston-McKinley Partial Suffrage Act, the Legislative Council of Women, and the words of Governor Goodrich upon signing ratification.
Active Day

With Mikilyn Schutt, Area Director for Illinois and Indiana for Active Day

**Date:** Wednesday, January 22, 2020

**Time:** 1:30 - 3 PM

**Place:** Westminster Village
1120 E. Davis Drive, Terre Haute

**Cost:** Free

Active Day is proud of its 20-plus year history as the leading provider of adult day health services in the United States. They have approximately 100 centers now operating in 14 states. Active Day provides the highest quality personalized care to seniors and adults with special needs. There are a total of six Active Day centers across the state of Indiana. Come learn more about what this center offers from their own transportation fleet to the many different services they offer.

Shoulder Pain

With Dr. Sameer Bavishi, Orthopedic Surgery

**Date:** Wednesday, January 29, 2020

**Time:** 1:30 - 3 PM

**Place:** Westminster Village
1120 E. Davis Drive, Terre Haute

**Cost:** Free

You probably don’t think about your shoulders much, until you suddenly experience pain in one of them. Shoulder pain can make a simple act — brushing and drying your hair, reaching behind to put your coat on, or grabbing something overhead — seem like a monumental task.

As you age, you’re more likely to experience shoulder pain from a variety of common conditions. The pain can come on gradually or abruptly, and it may range from mild to excruciating. Join Dr. Bavishi for a discussion about some of the most common conditions you may encounter, and some tips for how to address them.
Wednesday Presentation

There and Back Again: OLLI’s Trip to Egypt
With Michelle Bennett, OLLI at ISU Program Administrator

Date: Wednesday, February 5, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

Join Michelle for a summary of the December 2019 OLLI trip to Egypt. Enjoy pictures of the group as well as sites seen while in Egypt. There might even be a few funny stories to tell about our Egyptian adventure.

What is Chair Yoga
With Devaki Lammet, M.A.

Date: Wednesday, February 12, 2020
Time: 1:30 - 3 PM
Place: Landsbaum Center
1433 N. 6 1/2 Street, Terre Haute
Cost: Free

Devaki will give a short introduction on yoga and how these principles apply to chair yoga. Chair yoga is for all those who wish to discover yoga but need modification due to injury, limited range of motion or age. Come enjoy a yoga session.
Wednesday Presentation

History of Ybor City
With Angelo DiSalvo, ISU Professor Emeritus

Date: Wednesday, February 19, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

Come learn about the historic area of Ybor City in Tampa, Florida. From its founding in 1886 to the early sixties, Ybor City has been a melting pot of immigrants such as Cubans, Spaniards and Sicilians. During this forty year time span there were over 100 factories that attracted these immigrants who themselves flourished and established businesses, hospitals and mutual aid societies. We will discuss how the factories operated.

There will be a follow-up program about this topic on March 19. This discussion will focus on the book, *Immigrant World of Ybor City*, which will go into more detail about this amazing neighborhood. (See page 40 for details)

Surgery with Robots
With Dr. Janie Myers, DO, General Surgeon

Date: Wednesday, February 26, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

Dr. Myers will discuss robotic surgery. Robotic surgery, or robot-assisted surgery, allows doctors to perform many types of complex procedures with more precision, flexibility and control than is possible with conventional techniques. Robotic surgery is usually associated with minimally invasive surgery — procedures performed through tiny incisions. It is also sometimes used in certain traditional open surgical procedures. This procedure is one of Dr. Myers clinical areas of interest.
Exploring Denali with a Park Ranger

*With Jim Dal Sasso, Retired National Park Ranger*

**Date:** Wednesday, March 4, 2020  
**Time:** 1:30 - 3 PM  
**Place:** Westminster Village  
1120 E. Davis Drive, Terre Haute  
**Cost:** Free

Join Jim as he discusses his time as a National Park Ranger at Denali National Parks. He will show pictures and tell stories from his time at the park as well as talk about the park itself. Come experience one of our National Parks through the eyes of a Park Ranger.

This presentation is in advance of OLLI’s trip to Alaska in Fall 2020. See page 43 for details about the trip.

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TMJ - is there any relief?

*With Nancy Humphries, NC-LMBT 9602*

**Date:** Wednesday, March 11, 2020  
**Time:** 1:30 - 3 PM  
**Place:** Landsbaum Center  
1433 N. 6 1/2 Street, Terre Haute  
**Cost:** Free

Nancy will discuss causes of Temporomandibular joint (TMJ) dysfunction which may manifest as jaw pain, clicking jaw, headaches, ringing in ears, or limited joint movement. The exploration of the anatomy and how precise intraoral and external massage may reduce or alleviate symptoms will be enlightening.
"A Citizenship of Her Own: American Women, the Nineteenth Amendment and the Cable Act."

With Ruth Fairbanks, ISU Instructor Department of History

Date: Wednesday, March 18, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

Connections between citizenship, immigration and family swirl about news cycles today. Beliefs about who belongs as part of the national family have long been tied to understandings about family relationships. Before 1924, American women who married men who were not citizens lost their own citizenship while foreign born women who married American men became citizens through their marriage. Women’s citizenship, at least that of married women, was covered by that of their husbands. The 19th Amendment led to thinking about women’s citizenship differently. It also gave women political power. In 1922, Congress passed the Cable Act, allowing American women who married non-citizens to retain their own citizenship in most, but not all, cases. This talk will examine the family dynamics of citizenship by exploring a time when American women could lose their citizenship with a walk down the aisle.

Facing Injustice . . .
Lynching in America and On the Banks of the Wabash

With Gary Daily, ISU Associate Professor Emeritus

Date: Wednesday, March 25, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

Lynching is a dark and grisly side of American history.

This program will trace the origins of lynching, detail notorious examples (graphic descriptions will be presented), and tell the story of a lynching in Vigo County. Finally, the work of the local “Facing Injustice” initiative in conjunction with the Equal Justice Initiative (EJI) in Montgomery, Alabama, will be described. Open discussion on any of these areas will be encouraged. The Facing Injustice committee is anxious to hear from the public on its plans for the future.
Wednesday Presentation

Life in a Coal Town
With Jerry Zanandrea, Former Curator and Director of the Little Italy Festival Town Coal Town Museum in Clinton, Indiana.

Date: Wednesday, April 1, 2020
Time: 1:30 - 3 PM
Place: Westminster Village
   1120 E. Davis Drive, Terre Haute
Cost: Free

Jerry Zanandrea, lifelong resident of Vermillion County, Indiana, will present his views on immigrant life and the local coal industry (ca. 1900-1960). Jerry will touch on family life and the rise and fall of coal production in the area. Included will be audiovisual interviews and a film of Clinton-area immigrants telling their own stories.

Using Soft Tissue Techniques to Improve Function of the Body
With Jeff Binder, DC

Date: Wednesday, April 8, 2020
Time: 1:30 - 3 PM
Place: Landsbaum Center
   1433 N. 6 1/2 Street, Terre Haute
Cost: Free

Jeff’s presentation will include a demonstration of a few different techniques such as ART, trigger point therapy, and Graston to decrease tension, adhesions and pain in muscles and improve their function. Jeff has degrees in Chemistry (physics minor), Life Science, Radiology, Doctorate in Chiropractic and Masters in Sports performance. He has been in practice for 6 years.
“5 1/2 Years: An Expat Experience in Cuenca Ecuador”  
With Robert Levy, ISU Professor Emeritus

Date: Wednesday, April 15, 2020  
Time: 1:30 - 3 PM  
Place: Westminster Village  
1120 E. Davis Drive, Terre Haute  
Cost: Free

“Crazy,” “Fantastic,” “Adventure,” “Why” were just some of the comments from family and friends when we announced in July 2013 that we were selling our house and most of our possessions to move to Cuenca, Ecuador. We arrived on October 16, 2013, to begin our adventure in expat living. And it was an adventure and incredible learning experience both about ourselves and about wonderful Ecuador and Ecuadorian people. The presentation will cover the expat experience as well as some of our travel experiences. We returned permanently to Indiana in February 2019.

What Matters to You, Not What’s the Matter With You!  
With Staff from VNA Hospice

Date: Wednesday, April 22, 2020  
Time: 1:30 - 3 PM  
Place: Westminster Village  
1120 E. Davis Drive, Terre Haute  
Cost: Free

This will be a discussion on how to start the conversation with your family about voicing your wishes, who will decide if you can’t? This presentation will be interactive through the use of the “Go Wish Game.” This card game gives you an easy, even entertaining way to think and talk about how you want to be treated if you become seriously ill. The game can be used to help your friends and family understand your wishes. This can make it easier for them to follow your wishes when the time comes.
What is GERD?
With Rajiv Sharma, MD

Date: Thursday, January 23, 2020
Time: 6:30 - 8 PM
Place: Vigo County YMCA
1 Dresser Dr, Terre Haute, IN
Cost: Free

Gastroesophageal reflux disease, or GERD, is a digestive disorder that affects the lower esophageal sphincter, the ring of muscle between the esophagus and stomach. Many people, including pregnant women, suffer from heartburn or acid indigestion caused by GERD.

Join Dr. Sharma as he explains how GERD can cause esophagus cancer, laryngeal issues and esophagus scarring. He will also discuss signs of GERD and treatment options, as well as, some holistic options to relieve heartburn symptoms.
Other Presentations

PANCREATITIS  
With Rajiv Sharma, MD

Date: Thursday, February 20, 2020  
Time: 6:30 - 8 PM  
Place: Vigo County YMCA  
1 Dresser Dr, Terre Haute, IN  
Cost: Free

The most common cause of acute pancreatitis is stones in the gallbladder. Gallstones pass through the common bile duct to enter the small intestine. At the entry of the small intestine, the main pancreatic duct joins or lies immediately next to the common bile duct. It is believed that stones that get stuck in the common bile duct impinge on the main pancreatic duct, causing an obstruction of the normal flow of pancreatic fluid and leading to pancreatic injury. Another way that a stone can cause pancreatitis is by causing a backflow of bile into the pancreatic duct, resulting in pancreatic injury.

Dr. Sharma will discuss the anatomy of the pancreas and explain why pancreas and gallstones disease can be mistaken for IBS. He will also give helpful tools to assist you in talking to your doctor about your issues and concerns.

Opera Presentation:  
La Traviata  
With James Chesterson, President of the Terre Haute Community Band

Date: Thursday, February 27, 2020  
Time: 1 - 2:30 PM  
Place: Westminster Village  
1120 E. Davis Drive, Terre Haute  
Cost: Free

James Chesterson will discuss the composer Giuseppe Verdi and his opera La Traviata in advance of the OLLI’s trip to see the performance live at the Jacob School of Music in Bloomington on February 28 see page 22 for details. This program includes an overview of the opera with excerpts from other productions and lively commentary from James.
Other Presentations

**Raise Hell: The Life and Times of Molly Ivins**

**Date:** Monday, March 16, 2020  
**Time:** 6 - 8 PM  
**Place:** ISU, Cunningham Memorial Library  
**Library Events Area**  
**Cost:** Free

*Raise Hell* is about a Texas maverick journalist named Molly Ivans. The six-foot tall, red-haired Texan used her razor-sharp wit to speak truth to power while giving a voice to those who didn’t have one. Calling out corrupt politicians who were backed by corporate bosses was great sport for Molly, and many of her targets loved being in her columns. Molly said “I believe that it’s fair game when these guys stand up and say something foolish to lay it right out there and let people get a good look at what they have elected.”

The showing of this new documentary is part of ISU’s Women’s History Month Colloquium, 4 days of programming related to women’s history. Most events take place in the ISU library. Look for complete program information in March on the ISU Gender Studies web page [https://www.indstate.edu/cas/MultidisciplinaryStudies/gender-studies/womens-history-month](https://www.indstate.edu/cas/MultidisciplinaryStudies/gender-studies/womens-history-month).

**Book Discussion: Immigrant World of Ybor City**

*With Angelo DiSalvo, ISU Professor Emeritus*

**Date:** Thursday, March 19, 2020  
**Time:** 2 - 3:30 PM  
**Place:** ISU, University Hall  
**Whitaker Conference Room 110**  
**Cost:** Free

Join Dr. DiSalvo for a deeper look into the world of Ybor City with a book discussion over the book *Immigrant World of Ybor City*. Topics to be discussed will include how the factories operated, as well as the politics of the cigar makers. We will also explore important events that took place in this unique neighborhood.

This discussion will follow Dr. DiSalvo’s presentation titled History of Ybor City which is scheduled for February 19 (see page 33 for details).

Iron Jawed Angels

**Date:** Thursday, March 19, 2020  
**Time:** 6 - 8:30 PM  
**Place:** ISU, Cunningham Memorial Library  
   Library Events Area  
**Cost:** Free

Join the community for a showing of *Iron Jawed Angels*, a critically acclaimed film that tells the dramatic story of the final push for women’s suffrage in the United States. *Iron Jawed Angels* is a 2004 American historical drama directed by Katja von Garnier. The film stars Hilary Swank as suffragist leader Alice Paul, Frances O’Connor as activist Lucy Burns, Julia Ormond as Inez Milholland, and Anjelica Huston as Carrie Chapman Catt. The film *Iron Jawed Angels* will be shown at ISU Cunningham Memorial Library and will be followed by a short discussion led by an ISU faculty member. This film screening is the last event of the Women’s History Month Colloquium at ISU.

Family Cancer Syndromes

*With Rajiv Sharma, MD*

**Date:** Thursday, March 26, 2020  
**Time:** 6:30 - 8 PM  
**Place:** Vigo County YMCA  
   1 Dresser Dr, Terre Haute, IN  
**Cost:** Free

Join Dr. Sharma for a discussion about how various cancers are connected and how to test for them. He will explain why it is crucial for families to discuss their health concerns and make a family tree. Lastly, he will explore the role of diet and genetics in cancers.
Other Presentations

“Wilder’s Early One-Acts: Finger Exercises in Preparation for Our Town.”
With Arthur Feinsod, ISU Professor of Theater

Date: Friday, April 3, 2020
Time: 3:30 - 5:30 PM
Place: Westminster Village
1120 E. Davis Drive, Terre Haute
Cost: Free

This fifty-minute lecture will focus on playwright Thornton Wilder and his three experimental short works published in 1931: Long Christmas Dinner, Pullman Car Hiawatha, and The Happy Journey to Trenton and Camden. Originally performed with little fanfare, these bold experiments, influenced by the Japanese Noh Theatre, have been described as “the workshops, the laboratories” for Wilder’s highly acclaimed Broadway production of Our Town in 1938. To demonstrate some of Wilder’s innovative approaches in stage simplification, most of The Happy Journey will be presented, with a cast that includes local professionals Susan Monts Bologna, Charles Adams and Peter Cianconi. The whole event, with a question-and-answer period after the lecture and performance, will last no longer than two hours.

Terre Haute Flute Choir

Date: Thursday, April 23, 2020
Time: 6:30 - 8 PM
Place: Central Presbyterian Church
125 North 7th St., Terre Haute
Cost: Free

The Terre Haute Flute Choir is an ensemble of multiple-sized flutes from the Piccolo to the Bass Flute. The group is comprised of experienced flutists who are also educators and members of the medical and financial professions. The theme of this concert will be “Shall We Dance.”
OLLI Trip to Alaska

Alaska Discovery Land & Cruise
September 12 - 23, 2020

For a flyer with full details on this trip, contact the OLLI office at 812-237-9040

Alaska Discovery Land & Cruise
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Home Phone _____________________________________ Cell Phone _____________________________________

E-Mail ________________________________________________________________________________________

How did you hear about OLLI at ISU? (Newspaper, Friend, etc.)________________________________________

If you wish to pay by credit card, please call the OLLI office at 812-237-9040 or go on-line to www.indstate.edu/olli

MAKE CHECKS PAYABLE TO “OLLI AT ISU.”

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<tr>
<th>PROGRAMS REQUIRE PAYMENT OR RSVP</th>
<th>Cost Per Person</th>
<th>#</th>
<th>Total</th>
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<tr>
<td>OLLI Annual Membership (September 2019 - August 2020)</td>
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<tr>
<td>OLLI Winter Only Membership (January 2020- April 2020)</td>
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**COURSES  * SEE PAGE 2 FOR DETAILS ON A FREE CLASS!**

- Water Aerobics ($40 per session)
  - **Session 1 - January**
  - **Session 2 - February**
  - **Session 3 - March**
  - **Session 4 - April**

- * Astronomy 101
  - $15

- * From Tough Old Gut to the Champagne Campaign: Allied Armies in Italy and Southern France, 1943-1945
  - $15

- * Ellis Island the Gateway to the United States (book not included/optional)
  - $15

- * True Crime
  - $10

- * Suffrage and Labor 1913
  - $30

- * The Last Great Race on Earth: Iditarod (book not included)
  - $10

- * The Shawshank Redemption: From Page to Screen (book not included)
  - $30

- * Edgar Allan Poe: Art Imitates Life
  - $10

- * The Arctic and Eskimo Culture (book is included in cost)
  - $20

- * International Perspective: India
  - $20

- * Big Night (book not included)
  - $10

**CSA COURSES**

- Crochet for Beginners
  - $60

- Quilting for Beginners
  - $80
## Programs Require Payment or RSVP

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<th>Event</th>
<th>Cost Per Person</th>
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<tr>
<td><strong>SPECIAL EVENTS</strong></td>
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<tr>
<td>Arts Illiana’s Lunchtime Getaway at the Gallery</td>
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<td>Rose-Hulman Performing Arts: Lindsey Webster</td>
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<td>Swope Jewelry Making</td>
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<td>Learning and Playing at the Terre Haute Children’s Museum</td>
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<td>Rose-Hulman Performing Arts: <em>Swan Lake</em></td>
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<td>The Science and Engineering of Chocolate</td>
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<td>Dinner and Opera in Bloomington: <em>La Traviata</em></td>
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<td>Florida: The Sunshine State</td>
<td>$1673 p/p 2 per room; $1512 p/person 3 per room; $1432 p/person 4 per room; $2153 p/person 1 per room</td>
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<td>Sinfonietta Pops: “Our Town”</td>
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<td>Mystery Trip</td>
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<td>Terre Haute Symphony: The Beatles Return: Abbey Road</td>
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<td>Hot Blown Glass: Paper Weight</td>
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<td>From Immigrant to Citizen</td>
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<td>Cooking Demonstration at Bar Bosco: Timpano</td>
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<td>“Big Night” Festa</td>
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### Register On-Line
To register on-line, go to our website at www.indstate.edu/olli and click on Register for OLLI classes now. This will take you to AceWeb registration. Current members who have not previously used this registration must contact the OLLI Office to receive instructions on how to log-in to their existing account. New members must create a new account. You do not need to log-in or create an account to view the programs being offered.
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Kerri.Wilhelm@indstate.edu

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