

# Inventory of Test-taking Skills

## In PREPARATION for the unit test, did you...

|  | Yes   | No    |
|--|-------|-------|
| ...maintain a positive attitude?                           | _____ | _____ |
| ...make a study schedule?                                  | _____ | _____ |
| ...know the exam's format (e.g. multiple choice, essay)?   | _____ | _____ |
| ...use both your notes and text, separately and together?  | _____ | _____ |
| ...make a study guide?                                     | _____ | _____ |
| ...predict test questions?                                 | _____ | _____ |
| ...practice recall of information?                         | _____ | _____ |
| ...(if math) practice as many problems as possible and?    | _____ | _____ |
| ...attend the class period immediately preceding the test? | _____ | _____ |
| ...get a good night's rest and eat well-balanced meals?    | _____ | _____ |
| ...plan a final review the day of the exam?                | _____ | _____ |

## DURING for the test period, did you...

|  |       |       |
|--|-------|-------|
| ...survey the entire test and start with the easiest questions?                    | _____ | _____ |
| ...read the directions carefully?  | _____ | _____ |
| ...recall the correct answer after carefully reading the multiple choice question? | _____ | _____ |
| ...outline the answer to an essay question?  | _____ | _____ |
| ...review the entire test before turning it in?                                    | _____ | _____ |

## AFTER the test, did you...

|  |       |       |
|--|-------|-------|
| ...reward yourself?                        | _____ | _____ |
| ...note the kinds of questions you missed? | _____ | _____ |

**Now analyze your answers to the above questions. To which questions did you respond with "no?"  
How can you improve your performance in that area?**