

Man to Man

A weekly discussion series where we will explore topics related to the male experience while challenging stigmas from society and culture

Presented by ISU Student Counseling Center



TOPICS INCLUDE:

- Masculinity through society and culture
 - Explore healthy ways of expressing emotions
 - How to maintain relationships and friendships
 - Issues related to men's mental health
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Join us at the SCC
Gillum Hall 210

Beginning September 14th
Wednesdays 1pm